

Sarah Green

Case Manager

Independent Occupational Therapist

Profile

Sarah is a highly experienced occupational therapist and case manager with extensive expertise in supporting clients with a wide range of injuries and conditions. She has significant experience in neurological rehabilitation and the management of complex neurological conditions.

Her specialist clinical areas include acquired brain injury, spinal cord injury, catastrophic injuries, including disorders of consciousness, as well as best interests and mental capacity assessments.

Sarah is registered with the Institute of Registered Case Managers (IRCM).

Specialisms

- Catastrophic injury
- Traumatic and acquired brain injury
- Spinal injuries

Ages covered

- Adult

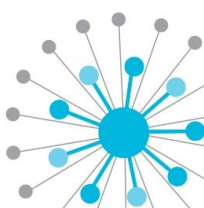
Biography

Since qualifying in 1997, Sarah has gained extensive experience as an occupational therapist and neuro-navigator within a broad selection of NHS services in London. This includes inpatient Level 1 neurological rehabilitation settings, acute, community, neurological-outpatient and vocational rehabilitation services. Within these roles she has had a breadth of experience working with clients with acquired brain injury, long term neurological conditions, spinal injuries and poly-trauma. She has extensive experience of multi-disciplinary and multi-agency working, service development and the chairing of networks and meetings.

Sarah gained a MSc in Neurological Rehabilitation in 2005 and has continued her professional development within this area, with regular attendance and presentations at national conferences and courses. She is a member of the Royal College of Occupational Therapists (RCOT) and has been an active member of the special interest group in neurological practice. She is a confident and skilled report writer and communicator.

Sarah has experience of medico-legal report writing for both care and rehabilitation and is an accredited best interest assessor (2022). She is passionate about improving the lives of those living with neurological conditions.

Sarah's skills make her a sound and experienced occupational therapist case manager, who is able to take on any rehabilitation, no matter the client's injury or trauma.



Qualifications

- Best Interest Assessor, Teeside University, 2022
- MSc in Neurological Rehabilitation, Brunel University, 2005
- BSc (Hons) Occupational Therapy, Southampton University, 1997

Registrations & memberships

- Health and Care Professions Council (HCPC)
- Institute of Registered Case Managers (IRCM).
- Royal College of Occupational Therapists (RCOT)
- Vocational Rehabilitation Association (VRA)

Contact details

Location:

East London

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07301 154844

Email:

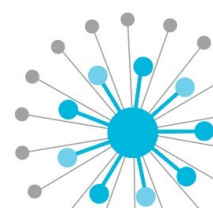
sarah.green@independenceworks.net

Website:

www.independenceworks.net

Clinical skills and experience

- Highly experienced occupational therapist and neuro case manager with a background working across acute hospitals, inpatient rehabilitation settings, community rehabilitation and in working collaboratively with local authorities and Continuing Healthcare (CHC) teams.
- Specialist clinical experience including supporting individuals with tracheostomies, ventilator dependence, behaviours that challenge, significant cognitive impairment, disorders of consciousness, and complex psychiatric or forensic histories.
- Demonstrates a strong commitment to engaging vulnerable and hard-to-reach populations, working closely alongside voluntary and third-sector organisations to maximise participation and community inclusion.
- Skilled in the development, implementation, monitoring and progression of structured, goal-focused rehabilitation programmes, including vocational rehabilitation and return-to-work pathways.
- Demonstrates extensive knowledge of the Mental Capacity Act, with significant experience undertaking complex capacity assessments, facilitating best interest decision-making processes and holding Best Interest Assessor Accreditation.
- Committed to continuing professional development- full details of recent training are available on request.
- Client and solicitor feedback/ testimonials are available on request.



Career history – Private sector

Independent Occupational Therapist and Case Manager, Independence Works Ltd 2025 - present

- Working with clients following injury, completing in-depth assessments of their physical, cognitive, psychosocial and vocational needs to facilitate the provision of equipment, therapy, psychological support and care, with a focus on the client returning to work and independence.
- Provision of comprehensive assessment, update reports and INAs.
- Collaboration and communication with all involved to ensure rehabilitation recommendations are met to enable progress and recovery.
- Contact with employers, formulating graded return to work plans, assessing and providing recommendations on equipment and adaptations to maximise function in returning to work.

Independent Occupational Therapist (self-employed) 2025 - present

- Working with clients post acquired brain injury to optimise their engagement in meaningful occupations.

Care and Occupational Therapy Expert Witness, Somek and Associates 2008 - 2013

- Completion of care and OT medico-legal reports.

Career history – Statutory sector

Deputy Head of Service/Neuro-Navigator for City and Hackney Adult Community Therapy Team (ACRT), Homerton Healthcare NHS Trust (Band 8a) 2012 - 2025

Neuro-Conditions Lead, NHS Haringey/Whittington NHS Health Trust (Band 8a) 2009 - 2012

Band 7 OT posts:

National Hospital for Neurology and Neurosurgery, London 2004 - 2009

- Working within the acute brain injury unit and neuro-medical and neuro-surgery service, with neuropsychiatry and neurological outpatients, including vocational rehabilitation.

Royal Hospital for neuro-disability, London 2002 - 2004

- Working within the neuro-rehab service.

Band 6 OT posts:

National Hospital for Neurology and Neurosurgery, London 2003 - 2004

- Part-time role, whilst participating in the lecture component of a MSc.

Locum roles:

Kings College Hospital and National Hospital for Neurology and Neurosurgery 2003

Royal Hospital for Neuro-disability, London 2001 – 2002

- Working in profound brain injury unit and Huntington's disease unit.

NHS Community Trust South London, Guys and St. Thomas' NHS Trust & Royal London Hospital 1999 - 2001

Band 5 rotational OT post, Kings College Hospital, London 1997 - 1999

- Working in elderly care, neuro-rehab, orthopaedics and hand therapy.

