

# Philippa Kennedy

Case Manager

Independent Occupational Therapist

## Profile

Philippa is a highly experienced and skilled occupational therapist and case manager. Since qualifying in 1993, she has worked extensively in the field of rehabilitation and case management within the statutory, private, insurance and commercial sectors.

She specialises in the case management and rehabilitation of clients following complex orthopaedic injuries and works with both children and adults to ensure that they achieve the best possible outcomes.

Philippa is registered with the Institute of Registered Case Managers (IRCM).

## Specialisms

- Musculo-skeletal/orthopaedics
- Amputations
- Pain management
- PTSD
- Vocational rehabilitation
- Ergonomic & work site assessments
- Data analytics to inform rehabilitation

## Ages covered

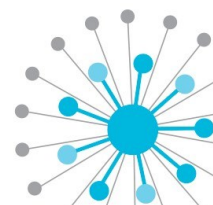
- Adult
- Child
- Geriatric

## Biography

Philippa qualified as an occupational therapist in 1993 from the University of Cape Town, South Africa. She has specialised in the fields of rehabilitation and case management, work assessments and ergonomics in South Africa, the USA and the UK, working across all age groups. She is particularly experienced in working with clients who have sustained complex orthopaedic fractures, non-unions and crush injuries, amputation (traumatic and elective), and polytrauma injuries, with a high success rate of helping clients back to all facets of daily living, including return to work.

Philippa is a proactive, dedicated and compassionate case manager who resides in Wiltshire, although covers many areas of the UK and the Channel Islands. She is skilled in developing personalised treatment plans and advocating for her clients. She partners with private consultants, specialist musculoskeletal physiotherapists, experienced psychologists and counsellors both locally and remotely and brings a holistic and client-centred approach to every case.

She is also a passionate advocate for using outcome measures and data to enhance clinical practice – not just for reporting, but to drive meaningful change in service delivery, rehabilitation outcomes, and even policy.



## Qualifications

- BSc Occupational Therapy, University of Cape Town, 1993

## Registrations & memberships

- Health and Care Professions Council (HCPC)
- Institute of Registered Case Managers (IRCM)
- Jersey Care Commission
- Register of Health Care Professionals, Guernsey & Alderney
- Royal College of Occupational Therapists (RCOT)
- Vocational Rehabilitation Association (VRA)
- Case Management Society UK (CMSUK)
- National Board for Certification in Occupational Therapy, USA (NBCOT)

## Contact details

### Location:

Wiltshire

### Tel:

07940 787869

### Email:

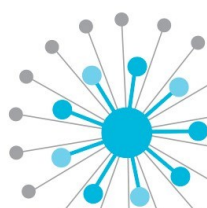
Philippa.kennedy@independenceworks.net

### Website:

www.independenceworks.net

## Clinical skills and experience

- Specific experience in the rehabilitation of complex orthopaedic injuries, particularly those of the upper and lower limbs. Experience with liaising with limb reconstruction teams (private and NHS) and co-ordinating complex treatment plans.
- Clinical experience as an inpatient and outpatient therapist developing goal centred rehabilitation for a wide range of conditions, including neurological, upper limb and hand injuries, rheumatological complex orthopaedic conditions.
- Experienced in developing, implementing and co-ordinating treatment and goal orientated return to work programmes within a variety of settings.
- Experience in liaising with clients, solicitors, employers, medical and health practitioners as part of the case management, rehabilitation and return to work process.
- Experienced case manager and rehabilitation consultant within the insurance and personal injury litigation framework.
- Management of complex or chronic pain as well as associated mental health issues (such as PTSD and depression).
- Experience as a disability claims consultant and assistant claims manager within the insurance industry.
- Experienced ergonomic assessor providing ergonomic solutions to industry in order to prevent injury and re-injury.
- Experienced in conducting workplace evaluations and job demands analysis in order to provide return to work solutions to enable an employee to return to or remain at work. Solutions include advice on reasonable adjustments, equipment needs and redeployment options.
- Expert witness in the assessment of functional ability and work capacity of Claimants within the medico-legal framework.
- Certified functional capacity evaluator in both the Matheson and Key Functional Capacity Evaluation Systems.
- Matheson advanced functional capacity trained.
- Panel member for reviewing the DWP Work Capability Assessment.
- Committed to continuing professional development - full details of recent training are available on request.
- Client and solicitor feedback/testimonials are available on request.



## *Career history – private sector*

**Independent Occupational Therapist & Case Manager - Independence Works Ltd** 2008 - present

- Delivering comprehensive case management to clients suffering from complex orthopaedic injuries and poly-trauma, by formulating and implementing appropriate rehabilitation treatment plans.
- Delivering professional clinical supervision of other occupational therapist/case managers.

**Consultant Occupational Therapist, Company Director - Agile Rehab Ltd** 2003 - present

- Consultant occupational therapist and case manager, private practice. Provision of rehabilitation, vocational, ergonomic and case management services to industry. Returning and maintaining injured/ill/disabled workers to the workplace. Injury prevention and maximising function.
- Consulting services to Honda (UK) manufacturing in Swindon, Royal Mail, various independent corporations, insurance companies and small businesses.

**Expert Witness, Somek & Associates** 2009 - 2015

- Preparation of medico-legal reports regarding clients' functional capacity and ability to work.

**Senior Occupational Therapist, Royal Mail /Consignia Employee Health Service** 2001 - 2003

(Thereafter consulted for Atos Healthcare providing occupational health services to Royal Mail.)

- Responsible for advising on functional capacity, job demands, ergonomics and rehabilitation programmes for employees with complex health problems or disabilities, assisting them to remain at or return to work.
- Provided expert advice/consultancy on OT issues/products within the organisation and to customers e.g. organisational level ergonomic consultancy and training.
- Contributed to the development of the occupational therapy service within these organisations.

**Assistant Manager & Senior Occupational Therapist,  
Alexander Forbes Health Management Solutions, Johannesburg South Africa** 1998 - 2000

- Responsible for the assessment and management of disability/incapacity claims.
- Provided advice to employers including adaptations that an employee may require in order to adequately perform their job and reasonable adjustments.

## *Career history – statutory sector*

**Various locum positions held within the NHS and other statutory services** 2000 - 2001

**Occupational Therapist, Anglo American, Earnest Oppenheimer Hospital Welkom, South Africa** 1996

- Responsible for the assessment and rehabilitation of injured mine workers on a simulated mine to enable them to return to work underground.

**Occupational Therapist, Columbia Blake Medical Centre, Florida, USA** 1996

- Locum position responsible for inpatient rehabilitation.

**Occupational Therapist, Health South Treasure Coast Rehabilitation Hospital, Florida, USA** 1994 - 1995

- Providing inpatient and outpatient rehabilitation (orthopaedic and neurological conditions).

