

# Nicola Johnson

Case Manager

Independent Occupational Therapist

## Profile

A highly experienced and skilled occupational therapist and rehabilitation case manager, Nicola has a wealth of experience in adult rehabilitation across the NHS and private sector.

Her caseload is predominantly clients with complex orthopedic trauma injury, including amputees, neurological injuries (including mild brain injuries), pain, and clients who are experiencing the psychological effects of traumatic injury.

Nicola has experience in working with clients with visual impairment, ranging from changes to visual acuities and fields, right through to complete sight loss.

## Specialisms

- Rehabilitation
- Complex orthopaedic trauma
- Amputees
- Neurological / long term conditions
- Visual impairment
- Medico-legal reporting
- Housing

## Ages covered

- Adult
- Younger adult - from 16 years

## Biography

Since graduating in 2004, Nicola has enjoyed a varied career in adult physical disability and rehabilitation, housing, social care and medico-legal practice. She has worked in independent practice since 2013.

As a rehabilitation case manager, Nicola has worked with a diverse caseload of clients with a range of injuries, for whom she designs and implements coordinated and timely packages of rehabilitation in order to maximise recovery and help them return to their pre-injury occupations.

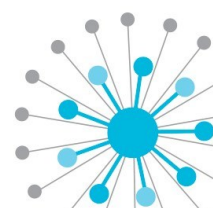
She has a creative and flexible approach with the client's needs remaining the focus of her work, whilst ensuring realistic goals and clear expectations for rehabilitation.

Nicola is skilled in carrying out thorough assessments in a way that allows for full understanding of the client's needs and impairments. She adapts her approach to work with clients from different social and cultural backgrounds, and for clients with neurodiversity. Her clients range in age from 16 years to older adults.

She has worked on both jointly and singly instructed cases.

Nicola has a sound knowledge of the litigation process, having previously worked as a rehabilitation and care expert witness for around 10 years.

She is registered with the Institute of Registered Case Managers (IRCM).



## Qualifications

- BSc (Hons) Occupational Therapy, University of Teesside, 2004

## Registrations & memberships

- Health and Care Professions Council (HCPC)
- Institute of Registered Case Managers (IRCM)
- Royal College of Occupational Therapists (RCOT)
- Case Management Society UK (CMSUK)

## Contact details

### Location:

South Yorkshire

### Tel:

07460 150710

### Email:

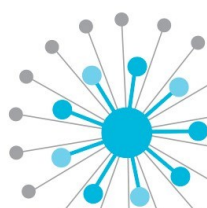
[nicola.johnson@independenceworks.net](mailto:nicola.johnson@independenceworks.net)

### Website:

[www.independenceworks.net](http://www.independenceworks.net)

## Clinical skills and experience

- Extensive experience of assessment and clinical treatment for adults with a full range of physical health conditions and associated psychological needs.
- Client conditions have included spinal and brain injuries, amputees, polytrauma, multiple fractures, chronic pain, back conditions, degenerative joints, hand and upper limb injuries, scarring and visual impairment.
- Experience in visual impairment and assistive technology for individuals with sight loss.
- Clients have been from a diverse range of backgrounds, including professional, administrative, skilled and unskilled manual workers, and have included both employees and self-employed clients.
- Interventions have included sourcing and managing physical, psychological and cognitive rehabilitation, coordinating a multidisciplinary treating team, supporting with housing matters and working with property finders. Also enabling access to work and study, return to work and driving, as well as sourcing specialist equipment.
- Creative and flexible thinking to problem-solve situations.
- Excellent communication skills - keeping clients informed throughout and involving them in decisions when appropriate, timely updates to litigating teams and maintaining effective communication with the treating team.
- Very skilled in producing thorough but easy to read reports.
- Experienced in case management and rehabilitation within the insurance and litigation framework, with particular experience of working under joint instruction.
- Expert knowledge and skills in restoring a client's independence in daily living activities including personal care, domestic tasks, transport, community social / recreational and vocational activities.
- Significant experience of treating clients with complex social and psychological needs, and of varied educational backgrounds.
- Works closely with doctors, general medical practitioners, client case managers, health professionals, social workers, counsellors, psychologists, psychiatrists and employers.
- Committed to continuing professional development - full details of recent training are available on request.
- Client and solicitor feedback/testimonials are available on request.



## *Career history - private sector*

**Independent Occupational Therapist & Case Manager - Independence Works Ltd** 2019 - present

- Taking referrals for case management and rehabilitation for a varied caseload of clients, with a range of injuries.
- Completing thorough assessments to determine needs and communicating these to all parties by way of comprehensive reporting.
- Considering clients' injuries, pre-existing health needs and the true impact of injury upon their lifestyle and everyday function to enable the achievement of realistic rehab outcomes.
- Considering psychological effects of the injury and their impact upon the individual.
- Designing and implementing coordinated and timely packages of multidisciplinary rehabilitation in order to maximize recovery and return the client to their pre-injury occupations.
- Regularly reviewing progress to ensure that sourced interventions are meeting needs and to ensure that any issues are identified at an early stage, maximising potential for recovery during rehabilitation.
- Ensuring excellent communication with all parties throughout.

**Independent Occupational Therapist, Nicola Johnson Occupational Therapy Ltd** 2016 - present

- Responsible for delivering high quality OT intervention.
- Delivering bespoke training to social care workers.

**Expert Witness, Jacqueline Webb & Co** 2013 - 2022

- Preparation of complex and thorough reports to be used in litigation, focusing upon costing care for the claimants immediate and future needs, and identifying and costing for specific rehabilitation needs.
- Instructions were largely for clients with visual impairment and complex orthopaedic injury.

## *Career history - statutory sector*

**Specialist Occupational Therapist, Mid Yorkshire NHS Trust** 2010 - 2016

- Working for a large social housing provider in West Yorkshire

**Specialist Occupational Therapist, Mid Yorkshire NHS Trust, Pinderfields Hospital, Wakefield** 2007 - 2010

- Working on the long-term neurological conditions team.

**Occupational Therapist, (split post), Barnsley Primary Care Trust** 2007

- Community long-term conditions (largely neurological caseload) and cognitive rehabilitation service.

**Basic Grade Rotational Posts** 2004 - 2007

