

# Sarah Wilson

Case Manager

Independent Occupational Therapist



## Profile

Sarah is a highly experienced case manager and occupational therapist, who specialises in the assessment, rehabilitation and case management of adults with complex injuries following major trauma.

Sarah has provided expert witness work for care and rehabilitation requirements.

She is registered with the Institute of Registered Case Managers (IRCM).

## Specialisms

- Catastrophic injury
- Traumatic and acquired brain injury
- Amputations - upper limb and lower limb
- Vocational rehabilitation

## Ages covered

- Adult

## Biography

Sarah qualified as an occupational therapist in 1998 and has extensive clinical experience, working with patients across NHS and independent practice, combining the roles of OT, case manager and expert witness.

Having worked in England, Scotland and Northern Ireland in hospital and community based roles, she has developed a broad knowledge from clinical experience of acute management, through to problem-solving issues in a client's home environment and supporting clients with lifelong conditions.

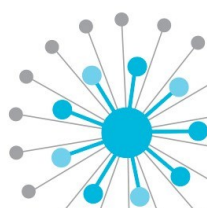
Sarah has been a case manager since 2014 and specialises in clients who have sustained major, catastrophic, life-changing injuries.

Interventions have included managing physical rehabilitation, deploying assistive technology in the home and workplace, adaptation to accommodation, pain management coaching and psychological support. She has worked on several cases which involved fatalities and has supported family members following these events.

Sarah has a commitment to good quality, regular reporting and contact, expertise in building a multi-disciplinary case team and excellent problem-solving skills.

Having worked for several years within the NHS, Sarah has forged strong links with local key service providers and works in partnership with NHS teams to ensure collaborative teamwork to maximise her clients' outcomes.

She has significant experience of working closely with a wide range of medical professionals.



## Qualifications

- BSc Hons, Occupational Therapy, University of Ulster, Jordanstown, 1998

## Memberships

- Health and Care Professions Council (HCPC)
- Institute of Registered Case Managers (IRCM)
- Royal College of Occupational Therapists (RCOT)
- British Association of Brain Injury & Complex Case Management (BABICM)
- Case Management Society UK (CMSUK)
- Northern Ireland Neurological OT Specialist Group

## Contact details

### Location:

Belfast, Northern Ireland

### Tel:

079121 85564

### Email:

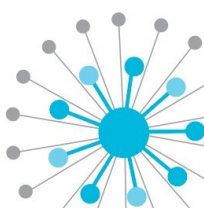
sarah.wilson@independenceworks.net

### Website:

www.independenceworks.net

## Clinical skills and experience

- Extensive case management experience working with clients, solicitors, professional deputies and insurers in relation to non-settled and settled litigation claims.
- Good understanding of the litigation process and the need to meet deadlines.
- Wide-ranging experience of working with adults with complex injuries, including acquired and traumatic brain injury, orthopaedic injury, complex fractures, amputees, psychological and complex behavioural challenges.
- Experience working as a treating OT using a client-centred approach to identify client treatment priorities and agree SMART goals.
- Comprehensive current knowledge of the specialist and environmental equipment available to support individuals to live as independently as possible within their home environment.
- Considerable experience of minor and major adaptation work within privately owned and social housing accommodation.
- Committed to continuing professional development - full details of recent training are available on request.
- Client and solicitor feedback/testimonials are available on request.



## *Career history – private sector*

### **Independent Occupational Therapist & Case Manager - Independence Works Ltd**

2014 - present

- Working in independent practice since 2014, providing independent assessments and treatment plans to facilitate rehabilitation for clients, their solicitors and involved insurance companies for personal accident and personal injury claims.
- Includes clients with major trauma and life-changing injuries such as acquired brain injuries and amputees.

## *Career history – statutory sector*

### **Occupational Therapist, Advanced Practitioner Role (OPALS Team) – Belfast HSC Trust**

2013 - 2014

- Specialist role working across three hospitals (Royal Victoria Hospital, Belfast City Hospital and The Mater Hospital), providing comprehensive assessments and point of access to rehabilitation for timely discharge from hospital setting.
- Provided a point of contact for consultants to refer patients presenting with complex needs for comprehensive assessment and those requiring further rehabilitation.
- Carried out in depth assessments and history taking, including baseline level of function, medical, cognitive and physical ability. Blood results and imaging results were also reviewed alongside therapist assessments and social situation.
- Joint ward rounds with consultants to agree appropriate case treatment and care rehabilitation pathways.
- Provided teaching sessions to final year medical students, allied health professionals and nursing staff.

### **Occupational Therapist, Community Rehabilitation Team - Belfast HSS Trust**

2008 - 2013

- Worked in the Community Rehabilitation Team as a senior OT undertaking rehabilitation and arranging intensive home-care packages for patients with complex needs.
- Conditions included amputations, orthopaedics, ballistic wounds, general medical, neurological and surgical conditions.

### **Occupational Therapist, Domiciliary Team/Fracture Team - Belfast HSS Trust**

2005 - 2008

- Worked in a senior role in a split post between the domiciliary OT team and a fracture rehabilitation team.
- Domiciliary OT work involving assessment and provision of specialist seating, wheelchairs and major adaptations for private and housing association dwellings.
- Fracture rehabilitation role involved developing and implementing treatment plans, participating in multidisciplinary meetings, providing aids and adaptations.

### **Senior Occupational Therapist, Western HSS Trust**

2001 - 2005

- Responsible for therapy on the cardiac, general medical and orthopaedic wards, including assessment and treatment with aim of timely discharge home, facilitating an out-patient respiratory group and completing home visits and equipment provision.

### **Occupational Therapist, St John's Hospital, Scotland**

2000 - 2001

- Managed a caseload for the medical admissions unit and acute medical wards.
- Provided specialist response formulating treatment plans, home visit assessments and equipment provision.

### **Occupational Therapist, North Hampshire Hospital, Basingstoke, Loddon NHS Trust**

1998 - 2000

- Basic grade rotational post - included work in acute mental health, stroke and brain injury unit, elderly care and orthopaedic rehabilitation wards.

