

Profile

A founding director of Independence Works Ltd, Clare is an extremely experienced and highly skilled case manager and occupational therapist.

She specialises in working with clients who have suffered severe and complex injuries including acquired brain injury, amputations and complex orthopaedic injuries.

In 2017 she was awarded a Merit Award from the Royal College of Occupational Therapists for excellence in her sphere of work.

Specialisms

- Traumatic and acquired brain injury
- Polytrauma
- Children and families
- Amputations
- Musculo-skeletal/orthopaedics
- Housing and environmental adaptations

Ages covered

- Paediatric
- Teenagers
- Adult

Biography

Since graduating in 1979, Clare has worked within the statutory, educational and independent sectors, working with people with a wide range of physical disabilities. She has extensive casework, management, organisational and supervisory experience.

For a significant period of time, Clare has concentrated on working with clients who have suffered severe and complex injuries including acquired brain injury, amputations and complex orthopaedic injuries. This has involved detailed collaboration with the client and their families, their representatives, and statutory and private providers.

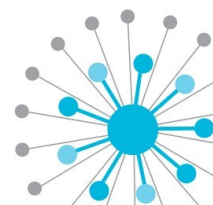
She has extended her case management skills in working specifically with children and young people with a range of conditions but particularly traumatic brain injury.

Clare completed a master's degree (Msc) in Rehabilitation (neurological pathway) in 2014 and was awarded a distinction for her research and for the MSc overall.

She continues to expand and develop her practice and her consultancy work within statutory services ensures she is up to date with policy and practice in a wider context. This work has included an ongoing role with a statutory housing provider, and the training and professional supervision of staff.

Other work has involved case management of Polish clients both in the UK and Poland and, as a consequence, Clare has made links with rehabilitation services and professional colleagues in Poland. She has been invited to present at the inaugural conference of the Polish Association of Occupational Therapists and her ability to speak the language continues to improve.

She is registered with the Institute of Registered Case Managers (IRCM).



Qualifications

- Diploma of the College of Occupational Therapists (DipCOT), Astley Ainslie, Edinburgh, 1979
- BSc (Hons) Social Anthropology, Goldsmiths College, University of London, 1992
- MSc Rehabilitation, Oxford Brookes University, 2014

Registrations & memberships

- Health and Care Professions Council (HCPC)
- Institute of Registered Case Managers (IRCM)
- Royal College of Occupational Therapists (RCOT)
- Case Management Society UK (CMSUK)

Contact details

Location:

Cambridgeshire

Tel:

01223 264522

Email:

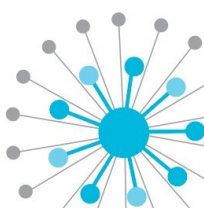
clare.hopkins@independenceworks.net

Website:

www.independenceworks.net

Clinical skills and experience

- Extensive case management experience working with clients, solicitors, professional deputies and insurers in relation to unsettled and settled litigation claims. Excellent understanding of the litigation process and the need to meet deadlines.
- Wide ranging experience working with children and adults (and their families) with complex injuries including acquired and traumatic brain injury, polytrauma, amputation, psychological and complex behavioural challenges.
- Comprehensive, in depth assessment and treatment skills and knowledge, with ability to bring together the best multi-disciplinary team for a particular client.
- Experience of monitoring and running a multi-disciplinary team, setting goals and chairing meetings with the ability to closely review and support the work of those in the treating team.
- Instrumental in the recruitment, management and training of a team of OTs, monitoring their performance and supporting their interventions. Also involved in training other staff in working within a rehabilitation programme and wide-ranging liaison in order to foster understanding and achieve the aims of the organisation.
- Committed to continuing professional development - full details of recent training are available on request.
- Client and solicitor feedback/testimonials are available on request.



Career history - private sector

Independent Occupational Therapist & Case Manager - Independence Works Ltd 2013 - present

- Founding director of IW Ltd from 2013, which itself grew from a rehabilitation project supported by a group of solicitors and insurers based on international research and evidence in this field.
- Instrumental in setting up procedures and supervisory practice that not only ensure an excellent case management service but also comply with necessary professional and statutory regulations.
- Currently delivering high quality rehabilitation case management for clients with complex injuries and supervising a small group of OTs.

Independent Occupational Therapist & Case Manager 1994 - present

- Working in a variety of contracts, recommending and delivering community based rehabilitation and return to work packages, including intervention and case management for clients (adults and children) who have suffered complex and catastrophic injuries. Accepting cases on a joint and single instruction basis.
- Other work has included contracts with local authorities and housing departments to provide specialist housing and community OT input, with voluntary bodies to provide the same, and with solicitors to provide medico-legal reports.
- In addition, contracts have included individual supervision of other OT staff on a consultancy basis and advice to individual clients with disabilities who prefer to use an independent practitioner.

Career history - statutory sector

Social services:

Community Occupational Therapist, Stevenage Social Services 1994

Joint Occupational Health Team Manager, Southwark Social Services 1992 - 1993

- Holding a generic caseload of adults and children with long-term and complex disabilities; carrying out assessments in line with relevant legislation and facilitating provision of suitable equipment and adaptations to maximise function. Liaising with staff from different organisations in the public, private and voluntary sector. Supervising students and managing a team of qualified and un-qualified staff.

Education:

Lecturer and Fieldwork Coordinator, London South Bank University 1990 - 1992

- Teaching all levels of occupational therapy students and managing fieldwork placements. Running study days and short training programmes for fieldwork supervisors. Tutoring and pastoral care for students.

NHS:

**Head OT and Joint Acting District OT, Dulwich & King's College Hospitals
Camberwell Health Authority, London** 1986 - 1990

Community OT and Senior Community OT, Southwark Social Services, London 1983 - 1986

Basic Grade and Senior 2 OT, Brook Hospital, Greenwich Health Authority, London 1980 - 1982

- Working across a range of physical disciplines, carrying out assessments, planning treatment and discharge for patients. Managing a team of OT staff, monitoring the service, keeping budgetary control, implementing relevant policies/guidelines and the day-to-day running of a busy therapy service, both in a teaching hospital and the community.

Basic Grade Occupational Therapist, Larundel Hospital, Melbourne, Australia 1980

- 6 months' post-graduate experience within in-patient long stay mental health.

