

Profile

A highly experienced occupational therapist and case manager, Catherine specialises in rehabilitation case management following complex trauma with a particular interest in amputation, multiple orthopaedic trauma, upper limb and peripheral nerve injury, mild traumatic brain injury and neuropsychological conditions.

She is registered with the Institute of Registered Case Managers (IRCM).

Specialisms

- Multiple orthopaedic injury
- Amputees – upper and lower limb
- Brachial Plexus injuries
- Hand injuries
- Mild traumatic brain injury
- Functional neurological disorder

Ages covered

- Adult
- Paediatric

Biography

Since qualifying as an occupational therapist in 1999, Catherine has worked both in the NHS and independent practice in clinical, managerial and case management roles specialising in rehabilitation for complex physical trauma alongside psychological, neuropsychological and neurological sequelae.

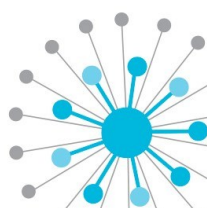
Her case management approach is firmly client-centred, utilising her occupational therapy skills in creative problem solving to meet the needs of her clients, the majority of whom have extensive and life changing injuries.

She maintains her clinical practice on a part-time basis, enabling her to keep current best practice at the forefront of her case management work. She is highly regarded by all professionals with whom she works, her clients and their carers.

She is accomplished in delivering comprehensive assessments and preparing detailed and informative case management, initial needs assessment and occupational therapy reports. She is highly experienced in designing and implementing complex rehabilitation packages, bringing together teams of treating health and rehabilitation professionals, coordinating their involvement to ensure the best possible outcomes for the client.

She maintains a strong focus on restoration of function within the client's home, work and wider community, drawing on a mixture of both private and statutory resources to meet their needs.

She has comprehensive skills in vocational assessment and rehabilitation, working collaboratively with clients and employers to facilitate positive outcomes. She is accomplished in addressing both the physical barriers to occupation, as well as the psychological impact of trauma and injury on her clients' well-being.



Qualifications

- BSc (Hons) Occupational Therapy, University of Liverpool, 1999

Registrations & memberships

- Health and Care Professions Council (HCPC)
- Institute of Registered Case Managers (IRCM)
- Jersey Care Commission
- Register of Health Care Professionals, Guernsey & Alderney
- Royal College of Occupational Therapists (RCOT)
- Case Management Society UK (CMSUK)
- British Association of Hand Therapists (BAHT)

Contact details

Location:

Kent

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Email:

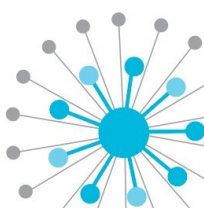
catherine.manley@independenceworks.net

Website:

www.independenceworks.net

Clinical skills and experience

- Extensive and wide ranging experience working with adults and children with complex injuries including amputees, polytrauma and complex orthopaedic injury, upper limb/peripheral nerve injury, brachial plexus injury, psychological, neuropsychological injury including functional neurological disorder and mild traumatic brain injury.
- Strong and accomplished communicator with clients, treating practitioners and highly experienced in forming and leading the wider multidisciplinary team including treating medical specialists, psychological, neuropsychological and therapeutic practitioners.
- Well regarded by the solicitors, insurers and their representatives with whom she works in relation to rehabilitation being provided within the litigation process, under both joint and single instruction.
- Skilled in the assessment for and provision of specialist equipment including prosthetics, wheelchair, seating and vehicle modifications.
- Implementation and provision of adaptations - from simple ADL equipment to major home modification projects involving architects, surveyors and specialist occupational therapists.
- Considerable experience in the delivery of therapeutic interventions including upper limb therapy and splinting, scar management and pain management.
- Skilled in the completion of risk assessments and recruitment of care/rehabilitation support workers.
- Accomplished in providing vocational assessment in a wide variety of settings including office, agricultural and factory environments, utilising technology and modifications to the workplace to facilitate independence.
- Committed to continuing professional development - full details of recent training is available on request.
- Client and solicitor feedback/testimonials are available on request.



Career history – private sector

Independent Occupational Therapist & Case Manager - Independence Works Ltd 2011 - present

- Provision of occupational therapy assessment, rehabilitation and case management for clients following complex trauma, with a focus on facilitating clients' return to their normal daily activities, vocational activities and leisure pursuits.
- Supporting clients who have sustained complex orthopaedic trauma, brachial plexus injury, upper and lower limb amputation, mild traumatic brain injury and psychological injury.
- Advocating for clients, their families and carers when commissioning the services of multidisciplinary professionals; communicating effectively with solicitors and insurers.
- Provision of mentoring and professional supervision to occupational therapist/case manager colleagues.

Independent Occupational Therapist, Consultant Clinical Specialist Hand Therapist, Handworks Rehab Ltd (Part-Time) 2013 - present

- Provision of independent hand therapy services covering the East Surrey and West Kent areas, including contract work as extended scope practitioner for statutory services and own small private practice.

Career history – statutory sector

- **Senior Occupational Therapist, Hand Therapist** 2013 - 2014
Guy's and St Thomas' Hospital NHS Foundation Trust
- **Clinical Lead Occupational Therapist, Hand and Upper Limb Therapy** 2008 - 2011
King's College Hospital NHS Foundation Trust
- **Specialist Occupational Therapist, Hands and Plastics** 2007 - 2008
Queen Victoria Hospital NHS Foundation Trust
- **Specialist Occupational Therapist, Hand Therapist** 2006 - 2007
The London Hand and Wrist Unit
- **Specialist Occupational Therapist, Hand Therapist** 2006
Taranaki District Hospital, New Plymouth, New Zealand
- **Senior Occupational Therapist (Locum)** 2005
East Surrey Hospital
- Neurology, orthopaedics, medicine and hand therapy
- **Senior Occupational Therapist, Hand Therapist** 2003 - 2005
Peterborough Hospitals NHS Trust
- **Senior Occupational Therapist (Locum)** 2002 - 2003
Peterborough Hospitals NHS Trust
- Medical, neurological, acute hospital discharge
- **Rotational Occupational Therapy and Senior Occupational Therapy Roles** 1999 - 2002
Camden and Islington NHS Community Trust, Whittington Hospital NHS Trust
- Amputee rehabilitation, stroke rehabilitation, mental health, orthopaedics (trauma and elective), hand therapy, rheumatology

