

# Amy Lees

Case Manager

Independent Occupational Therapist

## Profile

A highly experienced occupational therapist, Amy has worked with clients with a wide-range of injuries and conditions.

Based in West Yorkshire, Amy specialises in pain management, neurological and vocational rehabilitation.

## Specialisms

- Brain injury and stroke
- Neuro rehabilitation
- Musculo-skeletal / orthopaedics
- Vocational rehabilitation
- Pain management

## Ages covered

- Adult

## Biography

Since qualifying as an occupational therapist in 2001, Amy has worked across statutory and private sectors, including acute, rehabilitation and community services.

Her clinical career spans a broad spectrum of conditions, including acquired and traumatic brain injuries, trauma and complex orthopaedic injuries and long-term health conditions.

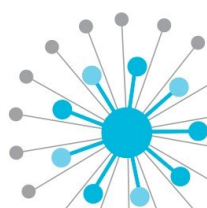
Throughout her career, Amy has developed specialist expertise in neurological rehabilitation, vocational rehabilitation and pain management. In her current role as a rehabilitation case manager, she supports clients with complex and often life-changing injuries throughout their rehabilitation journey.

She works collaboratively with clients and their families, as well as multidisciplinary teams, insurance providers, solicitors, statutory services and employers, to facilitate optimal recovery and independence.

She is committed to continuous professional development and the delivery of high-quality, evidence-based interventions.

Amy is registered with the Institute of Registered Case Managers (IRCM) and holds a master's-level qualification in Advancing Professional Practice.

She remains dedicated to maintaining excellence in both clinical and case management practice.



## Qualifications

- BSc (Hons) Occupational Therapy, University of Leeds, 2001
- PgCert Vocational Rehabilitation, Sheffield Hallam University, 2012
- MSc Advance Professional Practice - Vocational Rehabilitation, Sheffield Hallam University, 2019

## Registrations & memberships

- Health and Care Professions Council (HCPC)
- Institute of Registered Case Managers (IRCM)
- Royal College of Occupational Therapists (RCOT)
- Case Management Society UK (CMSUK)
- Vocational Rehabilitation Association (VRA)

## Contact details

### Location:

West Yorkshire

### Tel:

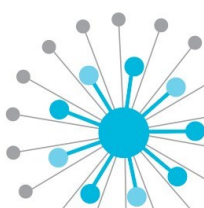
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### Email:

amy.lees@independenceworks.net

## Clinical skills and experience

- Skilled in managing complex cases involving polytrauma, orthopaedic injuries, neurological conditions and persistent pain.
- Experienced in client-centred assessment, care planning, service coordination and caseload management to achieve positive outcomes.
- Effective communicator and advocate for clients, families and carers, with proven ability to collaborate with multidisciplinary teams, insurers, solicitors, employers and health professionals.
- Undertaking evidence-based treatment approaches, including cognitive rehabilitation, upper limb rehabilitation, pain and fatigue management and motivational strategies.
- Supporting clients to achieve meaningful goals in daily living, work and community participation, providing education and motivation to clients and their support networks.
- Experienced in supporting clients from diverse social and cultural backgrounds, delivering inclusive, client-centred care and ensuring effective communication.
- Holds advanced vocational rehabilitation qualifications, with experience in work readiness and vocational interest assessments, workplace assessments, job demand analysis, functional capacity evaluations, graded return-to-work programmes and ergonomic assessments.
- Provides expert assessments and advice within home and workplace environments, recommending appropriate aids, equipment and home modifications to promote independence and function.
- Confident liaising with equipment suppliers to meet individual requirements.
- Knowledgeable in insurance and litigation frameworks, including joint instruction cases under the Rehabilitation Code.
- Highly skilled in producing clear, concise and professional reports.
- Committed to continuing professional development - full details of recent training are available on request.
- Client and solicitor feedback/testimonials are available on request.



## *Career history - private sector*

**Independent Occupational Therapist & Case Manager - Independence Works Ltd** 2018 - present

- Providing rehabilitation case management for a varied caseload of clients with a range of injuries.
- Conducting thorough assessments to determine client needs and goals, and provide clear recommendations.
- Completion of clear and relevant reporting throughout the process to all parties.
- Considering client's health needs and impact of the injury on their daily functioning, work, lifestyle and psychological effects of the injury on the individual.
- Devising and implementing cost-effective, coordinated packages of rehabilitation to optimise recovery and restore pre-injury level of functioning.
- Ensuring rehabilitation remains responsive to client needs through regular reviews, evaluations and updated recommendations as required.
- Maintaining excellent and timely communication with all parties involved throughout the process.

**Independent Occupational Therapist & Case Manager** 2010 - present

- Clinical caseload of private clients with a range of complex neurological conditions, pain management and musculoskeletal conditions.
- Constantly providing a highly skilled level of occupational therapy intervention.
- Advocacy with onward signposting and referrals if required to ensure client's needs are met.

**Clinical Case Management Coordinator/OT, Enable Therapy Services, Leeds** 2015 - 2017

- Completing early assessment of client's rehabilitation needs and implementing rehabilitation packages, within the field of personal injury claims.
- Monitoring and evaluating rehabilitation outcomes and providing expert vocational rehabilitation for clients and their employers.
- Actively carrying out telephone-based and face to face assessments, along with specialist vocational specific assessments

**Senior OT, Wellington Hospital, HCA International, London** 2006 - 2010

- In-patient department for adults with neurological conditions at this well renowned private hospital
- Responsible for a complex caseload of patients completing assessments and implementing rehabilitation.
- Coordinated UK and overseas discharges and developed skills in cognitive rehabilitation, environment management, posture and seating and specialist upper limb rehabilitation.
- Overseeing functional groups and outpatients which focused on vocational needs or higher-level functioning.
- OT lead in the Functional Restoration Programme (FRP) for pain management.

## *Career history - statutory sector*

**Senior OT, Leeds General Infirmary, Leeds Teaching Hospitals NHS Trust** 2005 - 2006

- Neurosciences acute wards, providing early assessment, rehabilitation and planning for longer-term rehabilitation needs.
- A key member of the in-patient multidisciplinary team to enable safe and appropriate discharge planning.

**Rotational OT Role, St James Hospital, Leeds Teaching Hospitals NHS Trust** 2003 - 2005

**Rotational OT Role, Leeds Teaching Hospitals NHS Trust** 2001 - 2003

