

Amy Chadwick

Case Manager

Independent Occupational Therapist

Profile

A highly experienced occupational therapist, Amy has worked with clients with a wide-range of injuries and conditions.

She is registered with the Institute of Registered Case Managers (IRCM).

Specialisms

- Trauma and Orthopaedics
- Polytrauma
- Neuro injuries including stroke and traumatic brain injuries
- Amputees

Ages covered

- Adult

Biography

Since qualifying as an occupational therapist in 2008, Amy has worked in a variety of clinical settings mostly within the NHS. This includes treating those with a range of diagnoses/injuries such as stroke, trauma and orthopaedics, acquired and traumatic brain injury and long-term neurological conditions. She works with adult clients, their families, within multidisciplinary teams, and across agencies and services. She is accomplished in designing and implementing client-centred rehabilitation packages, bringing together the treating health professionals and then coordinating their involvement so that the client receives the best possible services and outcomes.

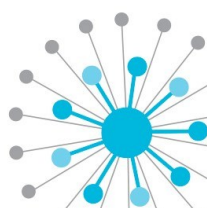
Although recently specialising in cardiothoracic care, Amy has always had a special interest in polytrauma and neuro-rehabilitation, which has led her to commence work as an independent occupational therapist and case manager.

Since her move into the private sector, Amy has been delivering comprehensive case management for a varied caseload of clients, with a range of injuries. She offers a comprehensive range of individually tailored rehabilitation packages, including detailed assessments, provision of adaptive equipment, specialist services and treatments. This aims to improve her clients physical and psychological wellbeing and ultimately their independence.

Additionally, she has taken on independent work as an associate to Clare Hopkins Ltd, providing occupational therapy services to a statutory housing provider. This ensures she remains up to date with wider policies and practice.

More recently, she has started working as an associate expert witness for Bush & Co, providing occupational therapy reports to the court.

Amy is a confident and skilled report writer and communicator. Overall, her skills make her a sound and experienced occupational therapist and case manager, who is able to take on a wide range of potential injuries or trauma.



Qualifications

- MSc Advanced Clinical Practice, Anglia Ruskin University, Cambridge, 2023
- NHS Mary Seacole leadership programme – Academy Award in healthcare leadership, 2019
- BSc (Hons) Occupational Therapy, Canterbury Christ Church University, Kent, 2008

Registrations & memberships

- Health and Care Professions Council (HCPC)
- Institute of Registered Case Managers (IRCM)
- Royal College of Occupational Therapists (RCOT)
- Case Management Society UK (CMSUK)

Contact details

Location:

Cambridgeshire

Tel:

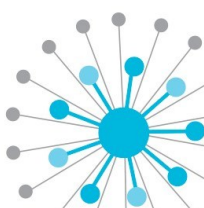
07588292988

Email:

amy.chadwick@independenceworks.net

Clinical skills and experience

- Able to manage a complex caseload, including those with multiple injuries, long-term conditions and end of life care.
- Extensive experience of working within clinical settings and clients' homes, collaborating with family members and treating clinicians to provide comprehensive and client-centred rehabilitation programmes, aiding psychological and physical wellbeing and maximising independence.
- Advanced assessment skills with an in-depth knowledge of pathophysiology in relation to physical functioning.
- Experience in various therapeutic interventions: upper limb therapy and splinting, functional electrical stimulation (FES), cognitive retraining, fatigue and anxiety management.
- Achieving independent living through adaptation of client's activities and environment, with skilled assessment of specialist equipment including (but not limited to) splinting, wheelchair and seating modifications.
- Sound training and educational skills, providing teaching to OTs, physiotherapists, rehabilitation assistants and students.
- Active and experienced in audits, protocols and service development projects whilst in all posts.
- Experience of domiciliary, community and hospital-based rehabilitation.
- Extensive clinical, managerial and supervisory experience, with an ability to work to multiple deadlines in a highly pressurised environment.
- Accomplished communicator with clients, their families/carers, multidisciplinary team members and outside agencies.
- Excellent report writing skills.
- Committed to continuing professional development. Full details of recent training are available on request
- Feedback/testimonials are available on request



Career history - private sector

Occupational Therapy Expert Witness, Bush & Co

October 2025 - present

- Preparation of occupational therapy medico-legal reports to provide an independent and expert opinion on personal injury claims in relation to serious and catastrophic injury and clinical negligence.
- Role will also include attendance at court as an expert witness.

Independent Occupational Therapist & Case Manager, Independence Works Ltd

July 2023 - present

- Delivering comprehensive occupational therapy case management services to clients following serious injury, with a variety of complex physical and psychological needs.
- Performing all aspects of commissioning care services, specialist therapy and psychology services, supporting clients to return to work where possible.

Independent Occupational Therapist, Clare Hopkins Ltd

2009 and March 2024 - present

- Assessments for rehousing, simple equipment and adaptations.
- Working with a range of clients such as those with deteriorating neurological or chronic orthopaedic conditions whilst liaising with a range of health and social care professionals.

Career history - statutory sector

Service Lead Occupational Therapist, Royal Papworth Hospital

2021 - 2023

- Led the OT annual reviews for patients with ataxia telangiectasia. Embedded research and service development within the team; presenting these at senior levels in the trust, national and international conferences. This role also included overall budget responsibility for department.

Team Lead Occupational Therapist, Royal Papworth Hospital

2016 – 2021

- Expert assessment and treatment for patients who have had cardio-thoracic surgery, including those sustaining strokes and nerve injuries post intervention. Completed significant service re-design - expanding the scope and size of the occupational therapy service within the hospital to provide prehabilitation and rehabilitation on the wards and critical care.

Highly Specialised Occupational Therapist, Edgware Community Hospital

2015 – 2016

- Managed and led the occupational therapy service on an inpatient stroke rehabilitation unit, supervising junior members of staff and providing education.
- Provided assessments and treatment to stroke patients, completing home and access visits to facilitate their discharge home.

Specialist Neurological Occupational Therapist, Dulwich Community Hospital

2015

- Provision of neuro-rehabilitation in the community for those with long term neurological conditions, with close liaison with other multidisciplinary team members to coordinate care.

Senior Occupational Therapist, Cambridge University Hospital

2012 - 2015

- Worked within medicine, surgery, amputations, major trauma centre and neurosciences.

Locum Occupational Therapist, Cambridge University Hospital

2012

- Worked within the major trauma centre, stroke rehabilitation and amputations.

Senior Occupational Therapist, West Suffolk Hospital

2011 – 2012

- Working within the acute elective and trauma orthopaedic wards.

Locum Occupational Therapist, Peterborough City Care Centre

2010

- In-patient rehabilitation unit, providing occupational therapy services for patients with a range of orthopaedic and neurological conditions.

Locum Occupational Therapist, Norfolk and Norwich Hospital

2010

- Worked within the acute elective and trauma orthopaedic wards.

Occupational Therapist, Cambridge University Hospital

2008 - 2010

- Rotational post covered various clinical areas, including neuro-rehabilitation unit, acute stroke care, medical and surgical wards, which included those sustaining amputations.

