Joanna Cartwright

Case Manager

Independent Occupational Therapist

independenceworks
A NETWORK OF OCCUPATIONAL THERAPISTS & CASE MANAGERS

Profile

Based in Cornwall, Joanna has extensive experience of working with adults and young people in the community. She specialises in trauma and orthopaedics, traumatic brain injury, neurological conditions and vocational rehabilitation.

Joanna has excellent knowledge of her surrounding area and of local statutory, private and voluntary services. She is an active multi-disciplinary member and facilitator, ensuring quality service provision for her clients.

Specialisms

- Musculo-skeletal / orthopaedics
- Brain injury
- Vocational rehabilitation / worksite assessments

Ages covered

- Adult
- Paediatric

Biography

Joanna is a highly experienced case manager who provides services to insurers, solicitors, employers and private individuals who require occupational therapy intervention. These services include initial needs assessments, goal orientated rehabilitation, home / workplace evaluations and adaptations.

She has worked extensively within the NHS and statutory services in a broad spectrum of clinical areas in London and Cornwall and has a practical understanding of the recovery and rehabilitation process, from acute settings to community living.

Her work involves liaison with all key stakeholders including medical professionals, voluntary and adult social care services, solicitors, insurers, treating practitioners, carers and employers.

Joanna has extensive experience of hands on assessment and treatment, working with clients with varied medical, physical and psychological diagnosis and assisting clients with complex problems to reach their rehabilitation and treatment potential.

Joanna provides regular community brain injury OT rehabilitation to clients over 18 years of age in their return to functional performance and meaningful occupation, including work. This is often challenging in remote areas of Cornwall and Devon where employment is hard to access. Skills and knowledge of the surrounding area including voluntary and charitable organisations are key in helping to support these clients find meaningful occupation.

Qualifications

- BSc (Hons) Occupational Therapy, Oxford Brookes University, 1999

Registrations & memberships

- Health and Care Professions Council (HCPC)
- Case Management Society UK (CMSUK)
- Royal College of Occupational Therapists (RCOT)
- Royal College of Occupational Therapists Specialist Section - Independent Practice
- Institute of Registered Case Managers (IRCM)

Contact details

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Cornwall

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Clinical skills and experience

- Clients have included those with neurological conditions such as mild brain injury and post-concussion syndrome, stroke, Parkinson's disease, multiple sclerosis and Guillain Barre syndrome. They have also had a variety of orthopaedic conditions, including upper and lower limb and spinal cord injuries, brachial plexus lesions and amputations.
- Provided hand therapy for rheumatoid patients and carried out pulmonary and cardiac rehabilitation programmes.
- Interventions have included managing physical and psychological rehabilitation, delivery of post-concussion syndrome OT rehab programmes, assessment and advice on adaptations both at home and in the workplace, equipment recommendation and provision, the development and delivery of multi-disciplinary group interventions (such as pulmonary and cardiac rehabilitation) and monitoring graded return to work programmes.
- Works closely with consultants, general medical practitioners, health and social care professionals (nursing/physiotherapy/speech and language therapist/dieticians/podiatrists), social workers, case co-ordinators, psychologists and the voluntary sector.
- Training provision for health, adult social care employees and private home care on rehabilitation and goal setting, appropriate moving and handling of patients in the community, safe use of equipment and provision and managing risk.
- Management of own independent practice.
- Previous roles have included therapy team leader for the Early Intervention Service and team leader of a multi-disciplinary older adult specialist day hospital with 13 staff members.
- New service development and implementation.
- Team building, clinical supervision, appraisal, case allocation and supervisor of OT students.
- In service training and staff development including regular supervision.
- Training and role promotion to multi-disciplinary team members and other professionals.
- Committed to continuing professional development - full details of recent training are available on request.
- Client and solicitor feedback/testimonials are available on request.

Career history – private sector

Independent Occupational Therapist & Case Manager - Independence Works Ltd 2012 - present

- Services provided to insurers, solicitors and employers as well occupational health support, ergonomic work station assessments and vocational rehab services.
- Involvement includes assessment, recommendation and treatment for clients with physical/psychological disability or injury to maintain independence at home and maximise return to work.

Career history – statutory sector

Team Leader, Peninsula Community Health & Adult Social Care, Cornwall 2009 - 2013

- Band 7 OT in Early Intervention Service - part of the multi-disciplinary crisis management team providing generic holistic assessment and specific occupational therapy intervention for adults to prevent admission and support hospital discharges.
- Dynamic fast pace of work using problem solving skills, high levels of communication and negotiation and respecting individuals right for choice and control over their care.
- Case managing packages of care and rehabilitation programmes on behalf of the team, liaising across health, adult social care and the voluntary sector.
- Daily management for a large team of cross agency workers and specific supervision and appraisal for therapy staff.

Multi-disciplinary Team Leader, Brysson Whyte Rehabilitation Unit (BWRU) 2005 - 2009
Wandsworth Primary Care Trust, London

- Service development for the older adult service, specialising in the delivery of services on a rehabilitation unit including Parkinson's disease management, pulmonary rehabilitation and management of fallers.
- Responsibility for the day to day running of the unit managing a multi-disciplinary team including; physio therapists, OTs, speech and language therapists, support workers, administration, senior house officers, nurses and psychologists. The role involved presenting to stake holders and local steering groups and the regular completion of audits to ensure a high quality of patient care was paramount.

Senior Occupational Therapist, BWRU, Wandsworth Primary Care Trust, London 2003 - 2005

- Lead occupational therapist for care of the elderly services at Queen Mary's Hospital with a clinical caseload covering a wide range of conditions and multifactorial presentations.
- Supervised qualified OTs and support staff and assisted in the development of the occupational therapy competency frameworks and professional standards within the PCT.

Senior Occupational Therapist, Sutton and Merton Primary Care Trust, London 2001 - 2003

- Worked in neurology and general rehabilitation, providing assessment and treatment of clients with a neurological diagnosis, identifying the need for equipment provision, rehabilitation, multi-disciplinary input and on-going referrals to achieve patient goals.

Occupational Therapist, Guys and St Thomas' NHS Trust, London 1999 - 2001

- Basic grade rotational post – 6 months in general medicine and neurology / 6 months in general surgery and amputee and elderly care rotation.