

## Profile

A highly experienced and skilled case manager and occupational therapist, Susie has a wealth of rehabilitation experience across a variety of settings and specialities.

## Specialisms

- Paediatrics
- Developmental disorders
- Neuromuscular conditions
- Housing adaptations
- Specialist equipment
- Motor and processing skills
- Hand splinting

## Qualifications

- BSc Occupational Therapy, University College of Ripon and York, St. John, 1997
- BAHT Level 1 Hand Therapy, June 2023

## Memberships

- Health and Care Professions Council (HCPC)
- Royal College of Occupational Therapists (RCOT)

## Location

Cambridgeshire

## Contact details

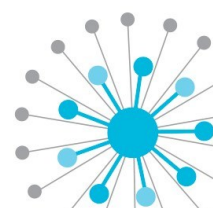
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## Clinical skills and experience

- Dedicated and highly experienced occupational therapist, working with both adults and children with a range of functional challenges, including brain injury, cerebral palsy and spinal injuries.
- Extensive experience assessing and addressing the unique needs of clients and their families.
- Expertise in recommending and providing adaptive equipment and on advising on minor and major adaptations.
- Vast experience working with other professionals, including social care, educational professionals and housing.
- Wide range of experience working with teenagers and adults.
- Specialist knowledge of hand splinting.
- Excellent communication and report writing skills.
- In-depth knowledge of developmental disorders.
- Knowledge of funding channels.
- Experience of supporting the application and utilisation of statutory service funding, such as completion of Disabled Facilities Grants (DFGs) and Education, Health and Care (EHC) plans.
- Facilitated and helped develop a pre-school assessment process on Guernsey.
- Committed to continuing professional development - full details of recent training are available on request.



## *Career history – private sector*

### **Independent Occupational Therapist & Case Manager - Independence Works Ltd**

Dec 2023 - present

- Providing rehabilitation case management for a varied caseload of clients with a range of injuries.
- Undertaking thorough assessments to determine their needs, goals and clear recommendations.
- Completion of clear and relevant reporting throughout the process to all parties.
- Considering client's health needs and impact of the injury on their daily functioning, work, lifestyle, and psychological effects of the injury on the individual.
- Devising and implementing coordinated packages of rehabilitation to optimise recovery and pre-injury level of functioning.
- Ensuring rehabilitation continues to meet the client's needs at all stages, with regular reviews and evaluation, providing up to date recommendations and approaches if required.

### **Independent Occupational Therapist & Case Manager - Stoneham Therapy Services**

2023 - present

- Assessment of functional strengths and challenges, whilst providing tailored therapeutic interventions and offering equipment solutions for children and young people.

## *Career history – statutory sector*

### **Children's Occupational Therapist, Cambridge Community Service NHS Trust**

2009 - 2023

- Assessing and addressing the unique needs of paediatric clients and their families, promoting optimal functional independence and quality of life.
- Delivered expertise recommending and providing adaptive equipment and advising on minor and major adaptations for enhanced client well-being.
- Collaborated seamlessly with diverse healthcare, social care and educational professionals, fostering effective communication and comprehensive care.
- Conducted thorough evaluations, identified treatment goals, and delivered evidence-based interventions.
- Specialist role within the hand splinting team, including assessing for and manufacture of bespoke splinting.

### **Locum Occupational Therapist, SW Essex NHS Foundation Trust**

April – Sept 2009

- Implemented specialist assessment and treatment recommendations for children within the developmental coordination disorder pathway.

### **Locum Occupational Therapist, Peterborough City Council**

Dec 2008 - July 2009

- Implemented specialist assessment and provision of minor aids, postural management equipment and housing adaptations to children and young people.
- Collaborated with health colleagues to streamline and nurture multi-disciplinary working and developing the service, as well as working alongside social care and local authority housing team colleagues.

### **Senior1 Child Occupational Therapist, Guernsey Health and Social Services Department**

2002 - 2008

- Delivered specialist assessment and treatment of children with a range of developmental and neuro-muscular conditions, and a range of occupational performance challenges.
- Additional short-term role within wider occupational therapy service supporting the intermediate care team for adults to prevent hospital admissions.

### **Senior 2 / Acting Senior 1 Children's OT, Redbridge Health Care NHS Trust**

1998 - 2001

### **Rotational Occupational Therapist, Redbridge Health Care NHS Trust**

1997 - 1998

- Included experience in adult mental health and elderly rehabilitation services.

