

# Sarah Thompson

Case Manager

Independent Occupational Therapist

## Profile

Sarah is a highly skilled and experienced case manager and occupational therapist who has worked extensively in both private and statutory settings in England, Australia and New Zealand.

She specialises in the case management of adults following catastrophic brain injury and complex traumatic injuries.

## Specialisms

- Brain injury
- Neuro rehab
- Vocational rehabilitation

## Ages covered

- Adults
- Older Adults

## Biography

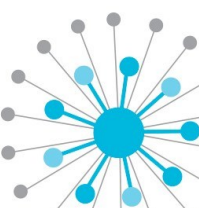
Since graduating in 1997, Sarah has worked in a variety of rehabilitation and hospital-based settings, as well as within the public, private and insurance sectors.

Her current area of practice centres on assessment, rehabilitation and case management for clients following brain injury and complex traumatic injuries, including severe orthopaedic injury, chronic pain and PTSD.

Sarah is highly skilled and experienced in neurological rehabilitation and has provided vocational rehabilitation intervention for the RETAKE research study of return to work after stroke .

Her experience of working in hospital and community settings in both the statutory and private sectors in England, Australia and New Zealand has helped Sarah develop an adaptable and bespoke approach when helping clients to achieve their goals after serious injury.

She is a strong communicator with a commitment to good quality regular reporting and contact with clients, professionals and stakeholders alike. She is confident working within the insurance and medico-legal sectors under claimant or joint instruction.



## Qualifications

- BSc (Hons) Occupational Therapy, Exeter University, 1997

## Memberships

- Health and Care Professions Council (HCPC)
- Royal College of Occupational Therapists (RCOT)
- Royal College of Occupational Therapists Specialist Section - Independent Practice
- Royal College of Occupational Therapists Specialist Section - Work
- Royal College of Occupational Therapists Specialist Section - Neurological Practice

## Contact details

### Location:

Somerset

### Tel:

07947 508 936

### Email:

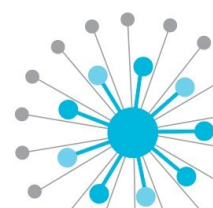
sarah.thompson@independenceworks.net

### Website:

www.independenceworks.net

## Clinical skills and experience

- Experienced in provision and co-ordination of early and longer-term rehabilitation intervention as well as complex care, including 24-hour care packages.
- Proven skills in undertaking and co-ordinating of cognitive assessment and rehabilitation programs for brain injured clients.
- Skilled in liaising with and managing multidisciplinary teams.
- Client conditions have included acquired brain injuries, multiple fractures, chronic pain, stroke and severe learning disability.
- Experienced in assisting with specialist equipment, home and workplace modifications.
- Skilled in liaising with employers, undertaking and co-ordinating vocational rehabilitation where appropriate.
- Experienced in the management of complex or chronic pain as well as associated mental health issues (such as PTSD and depression).
- Committed to continuing professional development - full details of recent training are available on request.
- Client and solicitor feedback/testimonials are available on request.



## Career history – private sector

- Independent Occupational Therapist & Case Manager, Independence Works Ltd** 2019 - present
- Delivering comprehensive case management to adults suffering from traumatic brain injuries, complex orthopaedic injuries and polytrauma, by formulating and implementing appropriate treatment plans.
  - Referral to and liaison with NHS and statutory services.
  - Commissioning specialist therapy, psychology services and care services, monitoring intervention and chairing multidisciplinary meetings.
  - Contact with employers, formulating graded return to work plans, assessing and providing recommendations on equipment and adaptations to maximise function in returning to work.
- Independent Case Manager, Westcountry Case Management Ltd** 2012 - present
- Case management for clients with severe learning disability, traumatic brain injury and complex orthopaedic injuries.
- Independent Occupational Therapist, South West Rehab Limited** 2012 - present
- Community based occupational therapy rehabilitation for clients with traumatic brain injury.

## Career history – statutory sector

- Band 7 Bank OT for RETAKE, Somerset Partnership NHS Foundation Trust** 2019 - 2021
- Vocational rehabilitation provision for participants recruited to the RETAKE research study of return to work following stroke.
- Band 7 OT, Head Injury Therapy Unit, North Bristol NHS Trust** 2005 - 2012
- Providing community-based brain injury rehabilitation including vocational rehabilitation.
  - Supervision of students, OT assistants and development of vocational rehabilitation within the head injury therapy unit.
  - Independent case manager for clients with complex needs.
- NHS locum positions in neurology, respiratory, medical and intermediate care** 2004 - 2005
- Independent OT in community-based rehabilitation, Queenstown, New Zealand** 2001 - 2004
- Clients' conditions included chronic pain, orthopaedic injury and brain injury.
  - Provided equipment, vocational rehabilitation and chronic pain management.
- Senior OT, Lakes District Hospital, Queenstown, New Zealand** 2001 - 2004
- Sole occupational therapist providing rehabilitation for inpatient, outpatient and community clients with diverse range of conditions.
- Hospital based OT roles in Australia and New Zealand** 2000 - 2001
- In neurology, neurosurgery, renal and general medicine
- Senior 2 OT, Tower Hamlets Healthcare Trust, Royal London Hospital, Whitechapel, London** 1998 - 1999
- Amputees and renal, orthopaedics
- Basic Grade OT, Greenwich Healthcare Trust, Greenwich, London** 1997 - 1998
- In general medicine, neurology, care of the elderly, orthopaedics, neurology and rheumatology

