

Profile

A highly experienced occupational therapist, Amy has worked with clients with a wide-range of injuries and conditions.

Specialisms

- Trauma and orthopaedics
- Polytrauma
- Neuro injuries including stroke and traumatic brain injuries
- Amputees

Ages covered

- Adult

Biography

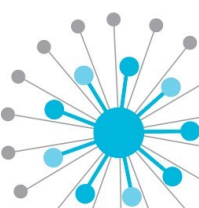
Since qualifying as an occupational therapist in 2008, Amy has worked in a variety of clinical settings mostly within the NHS. This includes treating those with a range of diagnoses/injuries such as stroke, trauma and orthopaedics, acquired and traumatic brain injury and long-term neurological conditions. She works with adult clients, together with their families, within multidisciplinary teams, and across agencies and services. She is accomplished in designing and implementing client-centred rehabilitation packages, bringing together the treating health professionals and then coordinating their involvement so that the client receives the best possible services and outcomes.

Although recently specialising in cardiothoracic care, Amy has always had a special interest in polytrauma and neuro-rehabilitation, which has led her to commence work as an independent occupational therapist and case manager.

Since her move into the private sector, Amy has been delivering comprehensive case management for a varied caseload of clients, with a range of injuries. She offers a comprehensive range of individually tailored rehabilitation packages, including detailed assessments, provision of adaptive equipment, specialist services and treatments, with the aim of helping the client return to physical and psychological wellbeing and ultimately independence.

Additionally, she has taken on independent work as an associate to Clare Hopkins Ltd, providing occupational therapy services to a statutory housing provider. This ensures she remains up to date with wider policies and practice.

Amy is a confident and skilled report writer and communicator. Overall, her skills make her a sound and experienced occupational therapist and case manager, who is able to take on a wide range of potential injuries or trauma.



Qualifications

- MSc Advanced Clinical Practice, Anglia Ruskin University, Cambridge, 2023
- Academy Award in Healthcare Leadership, NHS Mary Seacole Leadership Programme, 2019
- BSc (Hons) Occupational Therapy, Canterbury Christ Church University, Kent, 2008

Memberships

- Health and Care Professions Council (HCPC)
- Royal College of Occupational Therapists (RCOT)
- Case Management Society UK (CMSUK)

Contact details

Location:

Cambridgeshire

Tel:

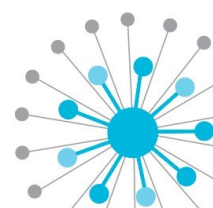
07588 292988

Email:

amy.chadwick@independenceworks.net

Clinical skills and experience

- Able to manage a complex caseload, including those with multiple injuries, long-term conditions and end of life care.
- Extensive experience of working within clinical settings and clients' homes, collaborating with family members and treating clinicians to provide comprehensive and client-centred rehabilitation programmes, aiding psychological and physical wellbeing and maximising independence.
- Advanced assessment skills with an in-depth knowledge of pathophysiology in relation to physical functioning.
- Experience in various therapeutic interventions: upper limb therapy and splinting, functional electrical stimulation (FES), cognitive retraining, fatigue and anxiety management.
- Achieving independent living through adaptation of client's activities and environment, with skilled assessment of specialist equipment including (but not limited to) splinting, wheelchair and seating modifications.
- Sound training and educational skills, providing teaching to OTs, physiotherapists, rehabilitation assistants and students.
- Active and experienced in audits, protocols and service development projects whilst in all posts.
- Experience of domiciliary, community and hospital-based rehabilitation.
- Extensive clinical, managerial and supervisory experience, with an ability to work to multiple deadlines in a highly pressurised environment.
- Accomplished communicator with clients, their families/carers, multidisciplinary team members and outside agencies.
- Excellent report writing skills.
- Committed to continuing professional development. Full details of recent training are available on request.
- Feedback/testimonials are available on request.



Career history – private sector

Independent Occupational Therapist & Case Manager, Independence Works Ltd

2023 - present

- Current role centres around delivering comprehensive occupational therapy case management services to clients who have sustained a variety of injuries, including complex orthopaedic, polytrauma and head injuries.
- Work also includes assessment and provision of equipment to maximise independence.

Independent Occupational Therapist, Clare Hopkins Ltd

2009 and March '24 - present

- Assessments for rehousing, simple equipment and adaptations.
- Working with a range of clients such as those with deteriorating neurological or chronic orthopaedic conditions whilst liaising with a range of health and social care professionals.
- Working alone and problem solving challenging issues with support.

Career history – statutory sector

Service Lead Occupational Therapist, Royal Papworth Hospital

2021 - 2023

- Led the occupational therapy annual reviews for patients with ataxia telangiectasia.
- Embedding research and service development within the team; presenting these at senior levels in the trust, national and international conferences. This role also included overall budget responsibility for department.

Team Lead Occupational Therapist, Royal Papworth Hospital

2016 - 2021

- Expert assessment and treatment for patients who have had cardio-thoracic surgery, including those sustaining strokes and nerve injuries post intervention.
- Completed significant service re-design - expanding the scope of the occupational therapy service within the hospital to provide prehabilitation and rehabilitation on the wards and critical care. This also involved writing numerous business cases to expand the size of the department from 6 to 11 staff.

Highly Specialised Occupational Therapist, Edgeware Community Hospital

2015 - 2016

- Managed and led the occupational therapy service on an inpatient stroke rehabilitation unit, supervising junior members of staff and providing education.
- Provided assessments and treatment to stroke patients, completing home and access visits to facilitate their discharge home.

Specialist Neurological Occupational Therapist, Dulwich Community Hospital

2015

- Provision of neuro-rehabilitation in the community for those with long term neurological conditions, with close liaison with other multidisciplinary team members to coordinate care.

Senior Occupational Therapist, Cambridge University Hospital

2012 - 2015

- Worked within medicine, surgery, amputations, major trauma centre and neurosciences.

Locum Occupational Therapist, Cambridge University Hospital

2012

- Worked within the major trauma centre, stroke rehabilitation and amputations.

Senior Occupational Therapist, West Suffolk Hospital

2011 - 2012

- Working within the acute elective and trauma orthopaedic wards.

Locum Occupational Therapist, Peterborough City Care Centre

2010

- In-patient rehabilitation unit, providing occupational therapy services for patients with a range of orthopaedic and neurological conditions.

Locum Occupational Therapist, Norfolk and Norwich Hospital

2010

- Worked within the acute elective and trauma orthopaedic wards.

Occupational Therapist, Cambridge University Hospital

2008 - 2010

- Rotational post covered various clinical areas, including neuro-rehabilitation unit, acute stroke care, medical and surgical wards, which included those sustaining amputations.

