

Charlotte Jones

Case Manager

Independent Occupational Therapist

Profile

A highly experienced and skilled occupational therapist and rehabilitation case manager, Charlotte has a wealth of experience across a variety of specialities and settings.

Her specialisms include rehabilitation following multiple orthopaedic trauma, and amputation.

Specialisms

- Rehabilitation
- Complex orthopaedic trauma
- Amputees
- Neurological / long term conditions
- Oncology and palliative care

Ages covered

- Adult

Biography

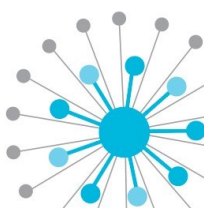
Since qualifying as an occupational therapist in 2013, Charlotte has gained extensive experience across a range of clinical settings, primarily within the NHS. Her work has included treating individuals with trauma and orthopaedic injuries, long-term neurological conditions, and acute and chronic oncology diagnoses, including spinal and brain tumours.

Charlotte is highly skilled in designing and delivering client-centred interventions and rehabilitation programmes. She demonstrates excellent communication and coordination skills, crucial for uniting multidisciplinary teams to ensure optimal outcomes for clients. Passionate about her profession, Charlotte has held advanced roles across several specialties and played a key role in developing the amputee service at Addenbrooke's Hospital. Her specialist interest in amputee rehabilitation has since led her to work independently as an occupational therapist and case manager.

Charlotte previously contributed to the research board for the new cancer hospital at the Cambridge University site, offering expert input into the design of onsite rehabilitation facilities, equipment and room layouts.

Since her move into the private sector, Charlotte has been delivering comprehensive case management. This involves supporting clients with diverse injuries, creating and coordinating tailored, timely rehabilitation plans to maximise recovery and facilitate return to pre-injury activities. She brings a creative and flexible approach to her work, always prioritising client needs while setting realistic goals and clear expectations.

Charlotte conducts thorough, holistic assessments to fully understand clients' needs and challenges. She adapts her approach to suit individuals from various cultural and social backgrounds and has experience of working with clients aged 20 years and above.



Qualifications

- BSc (Hons) Occupational Therapy, Brunel University, 2013
- BSc (Hons) Social Sciences and Humanities, Loughborough University, 2008

Memberships

- Health and Care Professions Council (HCPC)
- Royal College of Occupational Therapists (RCOT)
- Case Management Society UK (CMSUK)

Contact details

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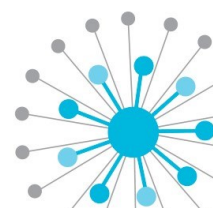
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Clinical skills and experience

- Advanced assessment skills with in-depth knowledge of disease and injury pathology as it relates to physical function and rehabilitation outcomes.
- Experienced in assessing fine and gross motor skills, activities of daily living and functional capacity, including routine planning, pain and fatigue management, mood and memory assessment, breathlessness intervention and end-of-life care.
- Skilled in evaluating and supporting self-care tasks such as dressing and feeding and in providing recommendations for equipment, as well as short-term and long-term housing adaptations.
- Proven ability to support clients from a broad range of backgrounds, including professionals, administrative staff and manual workers - both employed and self-employed.
- Highly competent in coordinating multidisciplinary teams and delivering tailored physical, psychological and cognitive interventions.
- Adopts a creative and flexible approach to problem-solving, particularly in complex or evolving cases.
- Excellent communication skills - ensures clients are informed and involved in decision-making, while maintaining timely, professional updates to legal teams and healthcare providers.
- Proficient in writing high-quality, clear and accessible clinical reports.
- Specialist in restoring and promoting independence across personal care, domestic activities, community engagement, social participation and vocational roles.
- Works collaboratively with a range of professionals including doctors, GPs, case managers, allied health professionals, social workers, counsellors, psychologists, psychiatrists and employers.
- Committed to continuous professional development - full details of recent training available upon request.
- Positive feedback and testimonials from clients and solicitors available upon request.



Career history - private sector

Independent Occupational Therapist & Case Manager - Independence Works Ltd

2024 - present

- Taking referrals for case management and rehabilitation for a varied caseload of clients, with a range of injuries.
- Completing thorough assessments to determine needs and communicating these to all parties by way of comprehensive reporting.
- Ensuring excellent communication with all parties throughout.

Associate Independent Occupational Therapist - The OT Practice

2024 - present

- Coordination of case management and rehabilitation programmes for clients who have sustained a variety of injuries including orthopaedics and head injuries.
- Assessment and provision of equipment to maximise independence.

Career history - statutory sector

Occupational Therapist, Surgery and Oncology, Addenbrookes University Hospital, Cambs 2020 - present

- Band 7 team lead role - providing clinical and professional leadership to a team of qualified members of staff, an assistant and an apprentice.
- Trauma and orthopaedics – traumatic amputation, multiple upper and lower limb fractures, spinal and pelvic fractures.

Occupational Therapist, General Medicine, Addenbrookes University Hospital

2019 - 2020

- Band 7 team lead role - working with adults across a variety of specialities for example, respiratory, cardiovascular, diabetes, infectious diseases etc.
- Ensured safe and effective delivery of occupational therapy and worked collaboratively with multi-disciplinary and agency teams.
- Deployed for six months in 2020 to work in critical care during the Covid-19 pandemic, supporting critically unwell patients.

Occupational Therapist, General Medicine, Kings College Hospital, London

2017 - 2019

- Band 7 team lead role - supporting adult clients with respiratory, cardiology, diabetes, surgical, endocrinology, urology and infectious diseases. Included co morbidities such as Alzheimer's, ataxia, multiple sclerosis, Parkinson's and stroke.

Occupational Therapist, General Medical Rotation, Kings College Hospital, London

2016 - 2017

- Band 6 role working alongside clients and their families/carers to identify occupational needs and provide appropriate interventions, equipment and ongoing referrals to meet their functional changes.
- Also worked in orthopaedics and at the amputee rehabilitation service, Bowley Close, supporting adults and children with upper and lower limb amputation, including elective, traumatic and congenital conditions.

Clinical Specialist Practitioner for the 'SAFE Team', Addenbrookes University Hospital

2015 - 2016

- Band 6 role providing specialist advice for the frail elderly team and completing comprehensive geriatric assessment of all emergency admissions of people aged 75 years and above.

Occupational Therapist, Rotational Role, Addenbrookes University Hospital

2013 - 2015

- Including inpatient neurosurgery and neurology, general medicine / short-term assessment and treatment team.

Occupational Therapist, Rotational Role, Lister Hospital, Herts

