

Catherine Scott

Case Manager

Independent Occupational Therapist

Profile

Catherine is a highly experienced and skilled case manager and occupational therapist based in North East Scotland.

Specialisms

- Brain injury
- Spinal cord injury
- Musculo-skeletal / orthopaedics
- Long term conditions
- Vascular rehabilitation
- Neurological rehabilitation
- Vocational rehabilitation

Ages covered

- Adult
- Adolescent

Qualifications

- Bachelor of Applied Science (Occupational Therapy), University of Sydney, Australia, 1991

Biography

Since qualifying from Sydney University as an occupational therapist in 1991, Catherine has specialised in rehabilitation. She has extensive neurological treating experience including spinal cord injury, stroke, traumatic brain injury, peripheral nerve injury, Parkinson's, multiple sclerosis and motor neurone disease. She has also worked in rehabilitation following lower limb amputation; complex orthopaedic injuries, rheumatology, palliative care, persistent pain symptoms and with clients who have post trauma stress symptoms.

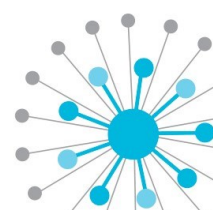
Catherine is a skilled and in-demand case manager whose skills span vocational rehabilitation clients as well as those who have sustained serious, complex and life-changing injuries.

She has initiated an occupational therapy seating service with a rehabilitation engineer, provided training to a variety of health professionals, was involved in the development of an acute stroke unit, and has managerial experience.

Catherine's work is client-centred, goal-orientated rehabilitation; she is passionate about enabling clients to achieve their goals for optimising their functional independence at home, at work and in their leisure activities and to enhance their quality of life.

Memberships

- Health and Care Professions Council (HCPC)
- Case Management Society UK (CMSUK)
- Royal College of Occupational Therapists (RCOT)
- Royal College of Occupational Therapists Specialist Section - Work
- British Association of Brain Injury and Complex Case Management (BABICM)
- Spinal Injuries Association (SIA)



Career history - private sector

Independent Occupational Therapist & Case Manager - Independence Works Ltd 2016 - present

- Providing case management and rehabilitation services for injured clients whose ongoing symptoms are affecting their independence at home, work or in their leisure activities.
- Injuries managed include orthopaedic, neurological (spinal nerve injury, head injury), vascular and hand injuries, as well as their impact on clients' health and well-being.
- Functional assessments and treatment recommendations in collaboration with the client and their treating team to support optimal recovery.
- Reporting to the client's solicitor and to the claims handler simultaneously on the client's rehabilitation progress and about any further treatment recommendations.
- Sourcing appropriate equipment and adaptations to enable the client's functional independence.
- Vocational rehabilitation - including work site visits and working collaboratively with the client and their employer to identify the best solutions to any task difficulties and to facilitate a return to work.

Career history - statutory sector

Occupational Therapist, Grampian NHS Trust (Aboyne Hospital and Glen O'Dee Hospital) 2008 – 2018

- Responsible for rehabilitation of inpatients and community patients throughout Deeside.
- Supervision of OT staff, students and support workers, and provision of CPR and moving & handling training.
- Varied caseload, including neurology, orthopaedic, vascular, spinal injury, rheumatology and palliative care.

Head Occupational Therapist, Kingston Primary Care Trust, London 2002 – 2005

- Managing inpatient, outpatient and community occupational therapy services and staffing over two hospital sites and community intermediate care team.
- Provision of occupational therapy services on the stroke rehabilitation unit.

Head Occupational Therapist, St Mary Hospital Trust – St Charles Hospital, London 1999 – 2001

- Managing neurology and care of the elderly OT rehabilitation services, setting up the acute stroke unit.

Senior Locum OT in Accident and Emergency, St. Mary's Hospital, London 1998 – 1999

- Close interagency working and input with multidisciplinary team with recommendations for clients' rehabilitation and equipment needs for discharge home from A & E or whether further inpatient admission was required.

Locum OT, Prince Henry Hospital, Sydney 1997 – 1998

- 6-month locum position in the seating service which she established in 1994.

Various Senior 1 Locum OT Positions, Croydon and London 1995 – 1997

- Including the spinal injuries unit at the Royal National Orthopaedic Hospital, Stanmore.

Grade 1 / Grande 2 OT, Prince Henry Hospital, Sydney 1992 – 1995

- Employed initially full time in spinal injuries unit, promoted in 1994 and continued in the spinal unit plus specialist seating service.

Grade 1 OT, Greenwich Hospital, Sydney 1991 – 1992

- Provided rehabilitation for people following limb amputation, neurological and orthopaedic conditions.

