

Michelle Henry

Case Manager

Independent Occupational Therapist



Profile

Michelle is a highly experienced and skilled occupational therapist specialising in providing rehabilitation for clients with complex conditions such as acquired brain injury, polytrauma, neurological impairments and mental health conditions.

She is also an experienced medico-legal expert, providing care and occupational therapy reports for the court.

Specialisms

- Catastrophic injury
- Traumatic and acquired brain injury
- Amputations - upper limb/lower limb
- Musculo-skeletal/orthopaedics
- Vocational rehabilitation
- Behavioural and cognitive impairment
- Visual impairment
- Risk management
- Functional neurological disorder
- Medico-legal reporting

Ages covered

- Adult
- Paediatric

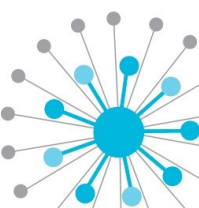
Biography

Since graduating in 2005, Michelle has worked extensively in rehabilitation as an occupational therapist and case manager. She has worked within the private/independent sector since 2010 and as an expert witness since 2016. She is passionate about providing a professional and friendly approach, underpinned by an evidence-based practice that is focused on client-centred goals designed to optimise independence. She has worked collaboratively with multidisciplinary teams, solicitors and various statutory, private and charity organisations.

Michelle's work spans across a broad range of specialist services within acute, inpatient, community and outpatient neurological rehabilitation settings. She therefore has extensive experience in providing occupation focused assessments and intervention, prescribing equipment and recommending adaptations and packages of support. Her rehabilitation experience also includes provision of vocational, cognitive, upper limb, groups therapy, use of Bobath principles, functional electrical stimulation therapy and neuro behavioural rehabilitation.

Whilst further developing her interest, knowledge and experience in neurology, she has worked with adults who have sustained a brain injury in addition to having a complex mental health history. She has also worked with adults who have developed a mental health condition as a result of having a brain injury.

Michelle currently provides occupational therapy and case management to children and adults who have a variety of complex rehabilitation needs, she also works as an expert witness, completing care and occupational therapy reports. She also volunteers for one day each week offering free signposting, information, advice and support to clients in the community at a local Birmingham charity organisation.



Qualifications

- BSc (Hons) Occupational Therapy, Coventry University, 2005

Memberships

- Health and Care Professions Council (HCPC)
- Royal College of Occupational Therapists (RCOT)
- Royal College of Occupational Therapists Specialist Section – Neurological Practice
- Royal College of Occupational Therapists Specialist Section - Independent Practice
- British Association of Brain injury and Complex Case Management (BABICM)

Contact details

Location:

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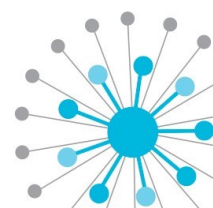
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Website:

www.independenceworks.net

Clinical skills and experience

- Extensive experience in working with adults and children with complex injuries including, amputees, visual impairment, polytrauma, functional neurological disorder, mental health conditions, mild and traumatic brain injury.
- Excellent communication skills, flexible to the needs of recipient whilst working with clients, commissioners, multi-disciplinary team members and solicitors.
- Knowledge and experience of rehabilitation provided within the medical and legal context, experience of working under both joint and single instruction.
- Proven skills in vocational rehabilitation, completion of assessments and liaison with employers, providing support and education around graded and phased return to work duties, provision of adaptation and equipment recommendation within the work environment.
- Provision of support, training and mentoring to staff, students, carers and colleagues.
- Facilitation of therapeutic and educational groups such as fatigue and pain management, practical cognitive strategies and job retention skills.
- Conducting assessments for provision of aids and adaptations, from small, basic aids to liaising with builders and architects to complete major housing adaptations.
- Provision of upper limb therapy, splinting, Bobath therapy and functional electrical stimulation therapy
- Committed to continuing professional development - full details of recent training are available on request.
- Client and solicitor feedback/testimonials are available on request.



Career history – private sector

Independent Occupational Therapist & Case Manager - Independence Works Ltd 2021 - present

- Delivering comprehensive case management to children and adults following serious injury with a variety of complex physical and psychological needs.
- Performing all aspects of commissioning care services, specialist therapy and psychology services, supporting clients to return to work where possible.
- Single instruction (claimant) and joint referrals .

Independent Occupational Therapist, Company Director – Access2independence Ltd 2017 - present

- Providing specialist occupational to adults and children with a variety of complex rehabilitation needs.

Care and Occupational Therapy Expert Witness 2016 - present

- Preparation of care and occupational therapy medico-legal reports to provide an independent and expert opinion on personal injury claims in relation to catastrophic injury and clinical negligence.
- Attendance at court and CICA tribunal as an expert witness.

Senior / Lead Locum Occupational Therapist/Independent Occupational Therapist 2007 - 2020

- Working on a self-employed basis through my own limited company under various contracts, either directly with private companies or via agencies whilst working for the NHS.
- Variety of long-term and short-term contacts working within various general and neurological rehabilitation settings such as the Brain Injury Trust, Hunter Moore and Burton Park and also the NHS.
- Providing a range of clinical services within in acute, community and in patient settings.

Career history – statutory sector

Basic Grade Occupational Therapist, Sandwell Primary Care Trust 2005 - 2007

- Rotation role in general medicine, orthopaedics and the mental health service

