

Profile

Philippa is a highly experienced and skilled occupational therapist and case manager. Since qualifying in 1993, she has worked extensively in the field of rehabilitation and case management within the statutory, private, insurance and commercial sectors.

She specialises in the case management and rehabilitation of clients following complex orthopaedic injuries and works with both children and adults to ensure that they achieve the best possible outcomes.

Specialisms

- Musculo-skeletal/orthopaedics
- Pain management
- PTSD
- Vocational rehabilitation
- Ergonomic & work site assessments
- Data analytics to inform rehabilitation

Ages covered

- Adult
- Child
- Geriatric

Biography

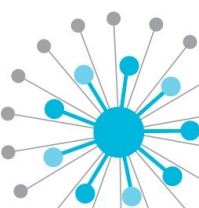
Philippa qualified as an occupational therapist in 1993 from the University of Cape Town, South Africa.

Since 1994 she has specialised in the field of work assessment, ergonomics, rehabilitation and case management in South Africa, the USA and the UK. She is passionate about helping clients to achieve their maximum functional potential and assisting them back into work.

From 2003 onwards, Philippa has worked as a consultant occupational therapist in independent practice in the UK, providing a variety of rehabilitation, vocational and ergonomic services to industry.

Philippa is confident and capable of designing and implementing complex rehabilitation programmes to ensure the best possible outcome for her clients.

She is a highly experienced therapist who is passionate about helping clients to achieve their maximum functional potential and assisting them back into work.



Qualifications

- BSc Occupational Therapy, University of Cape Town, 1993

Memberships

- Health and Care Professions Council (HCPC)
- Royal College of Occupational Therapists (RCOT)
- Vocational Rehabilitation Association (VRA)
- Case Management Society UK (CMSUK)
- National Board for Certification in Occupational Therapy, USA (NBCOT)

Contact details

Location:

Wiltshire

Tel:

07940 787869

Email:

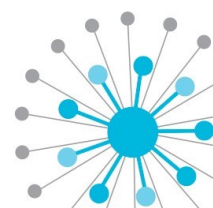
Philippa.kennedy@independenceworks.net

Website:

www.independenceworks.net

Clinical skills and experience

- Experience as both an inpatient and outpatient therapist developing goal-centred rehabilitation for a wide range of conditions, including neurological, upper limb and hand injuries, rheumatological and other orthopaedic injuries and conditions.
- Highly skilled at developing, implementing and co-ordinating treatment and goal orientated return to work programmes within a variety of settings.
- Years of experience of working within the insurance and litigation framework, used to liaising with case managers, employers, solicitors and other medical practitioners as part of the case management, rehabilitation and return to work process.
- Specialised in the rehabilitation of clients with complex orthopaedic injuries, particularly those of the upper and lower limbs and the management of complex or chronic pain, as well as associated mental health issues (such as depression and PTSD).
- Worked as a disability claims consultant and assistant claims manager within the insurance industry.
- Experienced in ergonomic assessment providing solutions to industry in order to prevent injury and re-injury and in conducting workplace evaluations and job demands analysis in order to provide return to work solutions.
- Certified functional capacity evaluator in both the Matheson and key functional capacity evaluation systems.
- Matheson advanced functional capacity trained.
- Has worked as an expert witness in the assessment of functional ability and work capacity of claimants within the medico-legal framework.
- In 2013 worked on the panel that reviewed the Department for Work and Pensions' Work Capability Assessment (WCA).
- Committed to continuing professional development - full details of recent training are available on request.
- Client and solicitor feedback/testimonials are available on request.



Career history – private sector

- Independent Occupational Therapist & Case Manager - Independence Works Ltd** 2008 - present
- Delivering comprehensive case management to clients suffering from complex orthopaedic injuries and polytrauma, by formulating and implementing appropriate rehabilitation treatment plans.
 - Delivering professional clinical supervision of other occupational therapist/case managers.
- Consultant Occupational Therapist, Company Director - Agile Rehab Ltd** 2003 - present
- Providing a variety of rehabilitation, vocational, ergonomic and case management services to industry. Services are aimed at returning and maintaining injured/ill/disabled workers in the work place, preventing injury and maximising function.
 - Worked with Honda of the UK Manufacturing Ltd. in Swindon, numerous occupational health and insurance companies, independent corporations and small businesses.
- Expert Witness, Somek & Associates** 2009 - 2015
- Preparation of medico-legal reports regarding clients' functional capacity and ability to work.
- Senior Occupational Therapist, Royal Mail /Consignia Employee Health Service** 2001 - 2003
(Thereafter consulted for Atos Healthcare providing occupational health services to Royal Mail.)
- Responsible for advising on functional capacity, job demands, ergonomics and rehabilitation programmes for employees with complex health problems or disabilities, assisting them to remain at or return to work.
 - To provide expert advice/consultancy on OT issues/products within the organisation and to customers e.g. organisational level ergonomic consultancy and training.
 - Contributed to the development of the occupational therapy service within these organisations.
- Assistant Manager & Senior Occupational Therapist, Alexander Forbes Health Management Solutions, Johannesburg South Africa** 1998 - 2000
- Responsible for the assessment and management of disability/incapacity claims.
 - Provided advice to employers regarding adaptations that an employee may require in order to adequately perform their job, and provided recommendations to employers regarding reasonable accommodation.

Career history – statutory sector

Locum positions held within the UK, including:

- Senior Occupational Therapist, Swindon Social Services 2000 - 2001
- Senior Occupational Therapist, Radcliffe Infirmary Hospital, Oxford 2000
- Senior Occupational Therapist, John Radcliffe Hospital, Oxford 2000
- Occupational Therapist, Anglo American, Earnest Oppenheimer Hospital Welkom, South Africa** 1996
- Responsible for the assessment and rehabilitation of injured mine workers on a simulated mine to enable them to return to work underground.
- Occupational Therapist, Columbia Blake Medical Centre, Florida, USA** 1996
- Locum position responsible for inpatient rehabilitation.
- Occupational Therapist, Health South Treasure Coast Rehabilitation Hospital, Florida, USA** 1994 - 1995
- Providing inpatient and outpatient rehabilitation (orthopaedic and neurological conditions).

