

# Caroline Gregory

Case Manager

Independent Occupational Therapist

## Profile

Caroline is a highly experienced and skilled occupational therapist and case manager, specialising in rehabilitation case management following complex trauma including catastrophic injury / polytrauma, amputation, acquired brain injury, peripheral nerve injury and psychological challenges.

## Specialisms

- Catastrophic polytrauma and musculoskeletal injury
- Traumatic brain injury
- Amputations - upper limb and lower limb
- Brachial plexus injuries
- Mental health
- Vocational rehabilitation and worksite assessments

## Ages covered

- Adult
- Adolescent
- Children

## Biography

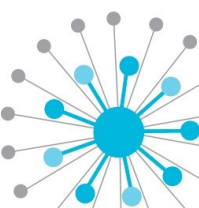
Since qualifying as an occupational therapist in 1990, Caroline has worked in a variety of clinical settings as well as within public and private organisations, both in the UK and abroad.

She has worked in case management since 2001 and has extensive experience in organising complex rehabilitation programmes, supporting clients from the early assessment stage to achieve their maximum functional recovery.

She is adept at sourcing specialist equipment and formulating complex rehabilitation packages that take into account the needs of both the client and the family, as well as the pre-injury level of functioning, hobbies, interests, work/school/occupation and home environment.

She has worked with clients from a wide variety of vocational backgrounds, from manual work to professional work, and is very confident in visiting different workplaces and working with employers to assist workers to return to work as a key part of their rehabilitation, where this is appropriate.

Caroline is highly effective in her role and always strives to achieve the best possible outcome for those she works with by ensuring that therapy and rehabilitation recommendations are well coordinated, effective and proportional to each client.



## Qualifications

- Diploma of the College of Occupational Therapists (DipCOT), University College of Ripon and York, St John 1990

## Memberships

- Health and Care Professions Council (HCPC)
- Royal College of Occupational Therapists (RCOT)
- Royal College of Occupational Therapists Specialist Section – Independent Practice
- Royal College of Occupational Therapists Specialist Section – Work
- Case Management Society UK (CMSUK)

## Contact details

### Location:

Glasgow, Scotland

### Tel:

0141 638 9265

### Email:

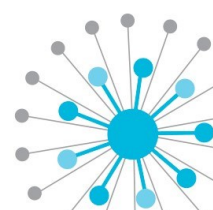
caroline.gregory@independenceworks.net

### Website:

www.independenceworks.net

## Clinical skills and experience

- Highly experienced case manager working to assist clients with their rehabilitation and vocational needs, as well as liaising with claims handlers and solicitors as part of the case management process.
- Expertise in developing, implementing, monitoring and grading structured and goal-orientated programmes to assist individuals to maximise their potential to recover and, where appropriate, return to independent living and work.
- Excellent clinical knowledge and experience of working with a variety of conditions including multiple orthopaedic injuries, upper and lower limb amputees, hand and back injuries, acquired brain injuries and brachial plexus injuries.
- Paediatric experience - working closely with children and their families as well as liaison with schools/nurseries and other involved agencies and health professionals.
- Highly skilled in the detailed assessment of workplaces and employee role to provide information on injury prevention and management of alternative work duties in order to assist the individual back to their original or an alternative role as appropriate.
- Has worked in a wide variety of vocational settings, including heavy and light industry and manual, semi-skilled, skilled and professional backgrounds.
- Liaison and coordination of care from other involved parties including treating specialists, health care professionals, psychologists and with statutory and voluntary services.
- Concise reporting of assessments and interventions reports for client intervention to enable timely case progression.
- Very familiar with working as part of a multi-disciplinary team and as a sole practitioner.
- Presentation at regional and national conferences.
- Committed to continuing professional development - full details of recent training are available on request.
- Client and solicitor feedback/testimonials are available on request.



## *Career history – private sector*

**Independent Occupational Therapist & Case Manager – Independence Works Ltd** 2012 – present

- Coordination of comprehensive case management and rehabilitation programmes to clients who have sustained a variety of injuries including acquired brain injury, complex orthopaedic injuries/polytrauma, amputations and psychological
- Work also includes assessment and provision of equipment in both the home and workplace to maximise levels of independence.
- Supervisor/mentor for other occupational therapist case managers.

**Rehabilitation Case Manager, Munich Re-Insurance Company \*** 2001 – 2012

(\*Service transferred to First Assist in 2005 and then to Capita in 2010)

- Provision of medical and vocational rehabilitation programmes following injury or disability via a case management model.
- Undertaking a variety of assessments including face to face, telephonic and file reviews to plan timely and appropriate rehabilitation goals, to maximise levels of recovery and independence and promote timely return to work.

**Senior Occupational Therapist, Royal Mail /Consignia** 2001

- Set up occupational therapy service for South East England including the development, co-ordination and delivery of assessment and rehabilitation services.
- Work included worksite assessments, ergonomic advice, formulating return to work programmes and advice to managers on work practices and workplace adaptations.

## *Career history – statutory sector*

**Senior Occupational Therapist, Camden and Islington Community NHS Trust** 1995 – 2001

- Community based rehabilitation and assessment provision to people with palliative care and chronic pain needs, including recommendations for equipment and home adaptations.

**Occupational Therapist, Commonwealth Rehabilitation Service (Australia)** 1994 – 1995

- Case management service for people with a wide range of disabilities including physical, psychological and acquired brain injuries to assist them to return to work. .

**Locum Occupational Therapist, Wairou Hospital (New Zealand)** 1994

- Worked with patients with disease-related, congenital or traumatic hand injuries. Set up assessment procedures and educated staff to use, together with correct techniques and rehabilitation principles.

**Senior Occupational Therapist, Whittington Hospital, London** 1993

- Assessment of physical, perceptual and cognitive defects and rehabilitation of adults with acquired brain injury and neurological diseases. Provision of specialist hand injury service.

**Occupational Therapist Rotational Post, St. Thomas' Hospital, London** 1991 – 1993

- Worked in a variety of clinical settings with both adults and children.

