

# Amy Chadwick

Case Manager

Independent Occupational Therapist

## Profile

A highly experienced occupational therapist, Amy has worked with clients with a wide-range of injuries and conditions.

## Specialisms

- Trauma and Orthopaedics
- Polytrauma
- Neuro injuries including stroke and traumatic brain injuries
- Amputees

## Ages covered

- Adult

## Biography

Since qualifying as an occupational therapist in 2008, Amy has worked in a variety of clinical settings, mostly within the NHS. This includes treating those with a range of diagnoses/injuries such as stroke, trauma and orthopaedics, acquired and traumatic brain injury and long-term neurological conditions. She works with adult clients, their families, within multidisciplinary teams, and across agencies and services. She is accomplished in designing and implementing client-centred rehabilitation packages, bringing together the treating health professionals and then coordinating their involvement so that the client receives the best possible services and outcomes.

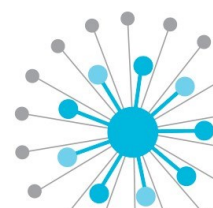
Amy is passionate about her profession and has excellent proven leadership skills; having almost doubled the size of the occupational therapy department over the last seven years at the Royal Papworth Hospital.

Amy has always had a special interest in polytrauma and neuro-rehabilitation, which has led her to commence work as an independent occupational therapist and case manager.

Since her move into the private sector, Amy has been delivering comprehensive case management for a varied caseload of clients, with a range of injuries. She offers a comprehensive range of individually tailored rehabilitation packages, including detailed assessments, provision of adaptive equipment, specialist services and treatments, with the aim of helping the client return to physical and psychological wellbeing and ultimately independence. She is a confident and skilled report writer and communicator.

From November 2019 to January 2022 Amy was the cardiac representative for the Royal College of Occupational Therapists Specialist Section for Major Health Conditions. She is also the current chair of the Women's Network Group at Royal Papworth Hospital.

Amy's skills make her a sound and experienced occupational therapist and case manager, who is able to take on a wide range of potential injuries or trauma.



## Qualifications

- MSc Advanced Clinical Practice, Anglia Ruskin University, Cambridge, 2023
- Academy Award in Healthcare Leadership, NHS Mary Seacole Leadership Programme, 2019
- BSc (Hons) Occupational Therapy, Canterbury Christ Church University, Kent, 2008

## Memberships

- Health and Care Professions Council (HCPC)
- Royal College of Occupational Therapists (RCOT)
- Royal College of Occupational Therapists Specialist Section - Independent Practice
- Royal College of Occupational Therapists Specialist Section - Work
- Case Management Society UK (CMSUK)

## Contact details

### Location:

Cambridgeshire

### Tel:

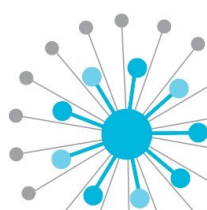
07588 292988

### Email:

amy.chadwick@independenceworks.net

## Clinical skills and experience

- Able to manage a complex caseload, including those with multiple injuries, long-term conditions and end of life care.
- Extensive experience of working within clinical settings and clients' homes, collaborating with family members and treating clinicians to provide comprehensive and client-centred rehabilitation programmes, aiding psychological and physical wellbeing and maximising independence.
- Advanced assessment skills with an in-depth knowledge of pathophysiology in relation to physical functioning.
- Experience in various therapeutic interventions: upper limb therapy and splinting, functional electrical stimulation (FES), cognitive retraining, fatigue and anxiety management.
- Achieving independent living through adaptation of client's activities and environment, with skilled assessment of specialist equipment including (but not limited to) splinting, wheelchair and seating modifications.
- Sound training and educational skills, providing teaching to occupational therapists, physiotherapists, rehabilitation assistants and students.
- Active and experienced in audits, protocols and service development projects whilst in all posts.
- Experience of domiciliary, community and hospital-based rehabilitation.
- Extensive clinical, managerial and supervisory experience, with an ability to work to multiple deadlines in a highly pressurised environment.
- Accomplished communicator with clients, their families/carers, multidisciplinary team members and outside agencies.
- Excellent report writing skills.
- Committed to continuing professional development - full details of recent training are available on request.
- Feedback/testimonials are available on request.



## Career history - private sector

**Independent Occupational Therapist & Case Manager, Independence Works Ltd** July 2023 - present

- Coordination of case management and rehabilitation programmes to clients who have sustained a variety of injuries, including orthopaedic and head injuries.
- Work also includes assessment and provision of equipment to maximise independence.

**Independent Occupational Therapist, Clare Hopkins Ltd** 2009

- Assessments for rehousing, simple equipment and adaptations, working alongside a more senior occupational therapist in the community.
- Working with a range of clients such as those with deteriorating neurological or chronic orthopaedic conditions whilst liaising with a range of health and social care professionals.
- Working alone at times and problem solving challenging issues with support.

## Career history - statutory sector

**Service Lead Occupational Therapist, Royal Papworth Hospital** 2021 - present

- Completing regular comprehensive neurological assessments and treatment planning for patients with ataxia telangiectasia, assessing ability to complete activities of daily living, participate in work and education, liaising with statutory services.
- Ensuring regular in-service training sessions and teaching advanced skills to occupational therapists.
- Ensuring Allied Health Professional (AHP) service lead representation at various trust meeting initiatives.
- Embedding research and service development within the team; presenting these at senior levels in the trust, national and international conferences.
- Overall budget responsibility for department.

**Team Lead Occupational Therapist, Royal Papworth Hospital** 2016 - 2021

- Expert assessment and treatment for patients who have had cardio-thoracic surgery, including those sustaining stroke and nerve injuries post intervention.
- Expert assessment and treatment for patients who have respiratory difficulties due to a long-term neurological condition, such as motor neurone disease, Guillain-Barre syndrome, muscular and myotonic dystrophy.
- Expanded the scope of the occupational therapy service within the hospital to provide pre-admission assessment, increased rehabilitation, stroke and critical care.
- Led the move of the department to the new hospital site in 2019 and managed significant service re-design during the pandemic.

**Highly Specialised Occupational Therapist, Edgware Community Hospital** 2015 - 2016

- Managed and led the occupational therapy service on an inpatient stroke rehabilitation unit, supervising junior members of staff and providing education.
- Provided assessments and treatment to stroke patients, completing home and access visits to facilitate their discharge home.

**Specialist Neurological Occupational Therapist, Dulwich Community Hospital** 2015

- Provision of neuro-rehabilitation in the community for those with long term neurological conditions, with close liaison with other multidisciplinary team members to coordinate care.

**Senior Occupational Therapist, Cambridge University Hospital** 2012 - 2015

- Working within medicine, surgery, amputations, major trauma centre and neurosciences.

**Locum Occupational Therapist, Cambridge University Hospital** 2012

**Senior Occupational Therapist, West Suffolk Hospital** 2011 - 2012

**Locum Occupational Therapist, Peterborough City Care Centre** 2010

**Locum Occupational Therapist, Norfolk and Norwich Hospital** 2010

**Occupational Therapist, Cambridge University Hospital** 2008 - 2010

