

# Emma Wallace-Gibbons

Case Manager

Independent Occupational Therapist



## Profile

Emma is a highly specialist occupational therapist in the areas of spinal cord and brain injury.

Other areas of work (including amputee services and posture and mobility services) have armed her with the knowledge and skills to be a broadly experienced case manager in the field of rehabilitation for polytrauma and catastrophic loss.

## Specialisms

- Spinal cord injury
- Polytrauma
- Traumatic and acquired brain injury
- Neuro-rehabilitation
- Lower limb amputees
- Wheelchair posture and mobility
- Upper limb injuries/hand therapy

## Ages covered

- Young adults / adolescents
- Adults

## Biography

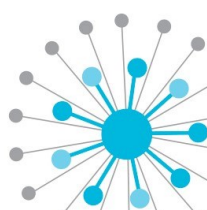
Since qualifying in 2001, Emma has specialised in the rehabilitation and case management of clients who have sustained major catastrophic, life-changing injuries, such as spinal cord injury, brain injury, amputations and polytrauma cases.

She supports clients from the early assessment stage through to acquiring appropriate high level specialist equipment, therapy, transport, accommodation and care packages.

Emma uses a problem-solving client-focussed approach to support clients to re-engage in their social and workplace environments wherever possible, helping them to return to their pre-injury hobbies, interests and occupations/school/work. This can also include supporting family members and helping all those involved to adjust.

She has extensive experience of assessment, report writing, goal setting and a comprehensive understanding of statutory services obligations regarding assessment and service provision.

She has completed a master's level module in research and hopes to continue her academic journey with further study in Cardiff University.



## Qualifications

- BSc (Hons) Occupational Therapy, St Loyes School of Healthcare Studies, Exeter, 2001
- MSc, Research Methods and Health Improvement in Health and Social Care, Cardiff University, 2018

## Memberships

- Health and Care Professions Council (HCPC)
- Royal College of Occupational Therapists (RCOT)
- Multidisciplinary Association for Spinal Cord Injury Professionals (MASCIP)
- Spinal Injuries Association (SIA)

## Clinical skills and experience

- Gained varied experience from working in rotational services in Cardiff and Vale University Health Board.
- Worked predominantly in the area of spinal cord injury rehabilitation, neuro acute and rehabilitation settings, upper limb management, and posture and wheelchair service.
- Experience in these roles has permitted consolidation of knowledge and skills from all areas to effectively manage highly complex rehabilitation cases.
- Nominated for 3 years running in the Spinal Injury Association awards for 'Outstanding Contribution to Spinal Cord Injuries'.
- Responsible for teaching and supporting junior staff, technicians and students as well as education to the wider multidisciplinary team, community services, family and carers whilst working for the Spinal Cord Injury Rehabilitation Centre, at Rookwood Hospital, Cardiff.
- Utilises her valuable experience as an independent occupational therapist and case manager, providing rehabilitation for clients with catastrophic injury under the 2015 Rehabilitation Code.
- Committed to continuing professional development - full details of recent training are available on request.
- Client and solicitor feedback/testimonials are available on request.

## Contact details

### Location:

South Wales

### Tel:

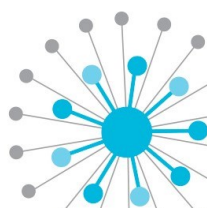
07838 299913

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### Website:

[www.independenceworks.net](http://www.independenceworks.net)



## *Career history - private sector*

**Independent Occupational Therapist & Case Manager - Independence Works Ltd** 2021 - present

- Provision of occupational therapy case management for clients following personal injury, working under both joint and single instruction under the 2015 Rehabilitation Code.
- Undertaking comprehensive assessment of rehabilitation and treatment needs, preparation of detailed rehabilitation reports with a focus on occupational performance and client goals, prompt and timely implementation of rehabilitation programmes.
- Working with clients, their families and carers, developing/effectively managing multidisciplinary teams to deliver high quality rehabilitation programmes.

**Senior Associate Occupational Therapist - CJ Occupational Therapy** 2017 - 2021

- Community based intervention in the private sector for clients with an acquired brain injury.
- Intervention included working within a client's own home environment, supported living accommodation, community based activities and leisure interests in order to optimise independence.
- Provision of specialist occupational therapy assessment and intervention to address personal and domestic activities of daily living, budgeting, upper limb rehabilitation, splinting and the assessment of wheelchairs and specialist equipment. Supported discharge planning where necessary.

## *Career history - statutory sector*

**Band 6 OT, Spinal Cord Injury Rehabilitation Centre, Rookwood Hospital, Cardiff** 2007 - 2021

- Caseload predominantly consisted of spinal cord injured clients, however experience also gained with conditions such as Devic's disease, transverse myelitis, peripheral neuropathy and polytrauma.
- Caseload required significant rehabilitation intervention including postural management, upper limb therapy, including tenodesis management, powered mobility, access to assistive technology and major adaptations as well as continuing health care assessment.
- Presented to the patient education programme (SCIP) re: pressure and skin management.
- Other responsibilities included managing the wheelchair resources and equipment safety management and the supervision of junior staff and assistants as well as other members of the spinal injury unit.

**Band 6 OT, Neuro Rehabilitation Rotation, Rookwood Hospital, Cardiff** 2006 - 2007

- Rotational role providing rehabilitation to clients with acquired and traumatic brain injury.
- Provided comprehensive specialist neurological OT assessment and intervention for activities of daily living, wheelchairs, seating, upper limb management and complex discharge planning.
- Diagnoses included subarachnoid haemorrhages, brain stem stroke and locked-in syndrome.

**Band 6 OT, Acute Neuro Services, University Hospital of Wales, Cardiff** 2005 - 2006

- Rotational role included input to wards and intensive care, with specific intervention for clients with complex traumatic and non-traumatic spinal diagnoses, including graded exposure from bed to sitting.
- Neurological OT assessment and intervention for activities of daily living, equipment needs, upper limb rehab, splinting and discharge planning.

**Artificial Limb and Appliance Service South Wales, Cardiff and Vale University Health Board** 2003 - 2004

- Role included posture assessment and wheelchair provision to promote users' independence.
- Diagnoses included musculoskeletal, neurological and lower limb amputee clients.

**Basic Grade Occupational Therapist, Cardiff and Vale University Health Board** 2001 - 2003

- Rotational role including acute medical sector, hand therapy and spinal cord injury rehabilitation.

