

Alison Jansen

Case Manager

Independent Occupational Therapist

Profile

A highly experienced and skilled occupational therapist and case manager, Alison specialises in working with adults, adolescents and children with significant and life-changing injuries.

This includes brain injury, multi-orthopaedic injuries and psychological trauma.

Specialisms

- Catastrophic injury
- Traumatic and acquired brain injury
- Musculo-skeletal/orthopaedics
- Vocational rehabilitation

Ages covered

- Paediatric
- Adolescent
- Adult

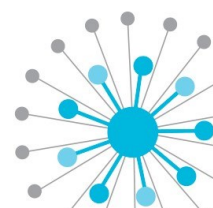
Biography

Since qualifying in 2006, Alison has gained extensive experience of providing input and support for clients with a range of injuries, including brain, complex orthopaedic and partial spinal cord injury, working in conjunction with statutory health and social services, the private sector, education and employment.

Alison's skills include client-centred assessment, co-ordination of multi-disciplinary input, assisting with specialist equipment and environmental modifications and effective liaison with employers and education providers.

Alison is also very experienced in working with solicitors and insurance companies. Clinically her background is in providing rehabilitation following stroke, neurological conditions, injury/trauma, amputations, mental health and for long-term conditions.

She also works as a guest lecturer in occupational therapy and is currently studying for a master's degree (MSc) in Occupational Therapy and Vocational Rehabilitation.



Qualifications

- BHSc Occupational Therapy, St John University, York, 2006

Memberships

- Health and Care Professions Council (HCPC)
- Royal College of Occupational Therapists (RCOT)
- Royal College of Occupational Therapists Specialist Section - Independent Practice

Contact details

Location:

North Yorkshire

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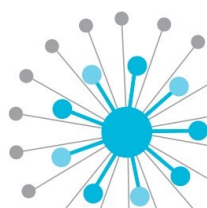
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Website:

www.independenceworks.net

Clinical skills and experience

- Extensive experience in the assessment and rehabilitation of adults, adolescents and children with neurological conditions.
- Experience of working with children with sensory deficit and developmental delay.
- Working with a wide range of clients with both physical and psychological conditions, including ex-servicemen and women.
- Experience working with enduring mental health conditions, including clients who had suffered head injuries with associated sequelae of mental health difficulties.
- Specialist skills in assessing cognition and providing suitable rehabilitation plans.
- Long-term conditions management.
- Extensive community and autonomous working experience.
- Expert provision of vocational rehabilitation, ergonomic assessments, minor adaptations and equipment.
- Therapeutic handling skills and splinting for abnormal tone; including working as clinical lead for the specialist neuro-splinting service and teaching junior staff to develop their skills in this area.
- Sat as expert panelist for the Department for Work and Pensions (DWP) undertaking evidence-based review. Continuing to work with the DWP to measure the efficacy of the current provision for individuals with chronic and life-changing conditions.
- Skilled in multi-disciplinary working including joint assessments with physiotherapists, speech and language therapists, nurses and clinical psychologists.
- Developed and implemented service to provide vocational rehabilitation for individuals returning to work after a period of sick leave, following both musculoskeletal injury and mental health issues.
- Skilled in incorporating stress and anxiety management education.
- Guest lecturer in occupational therapy including teaching anatomy and physiology to first year students and occupational therapy provision for the stroke patient to second year students.
- Committed to continuing professional development - full details of recent training are available on request.
- Client and solicitor feedback/testimonials are available on request.



Career history - private sector

Independent Occupational Therapist & Case Manager - Independence Works Ltd 2015 - present

- Providing specialist occupational therapy assessment and case management for both adults and children with a range of injuries including brain injury, complex orthopaedic injury, partial spinal cord injury and psychological trauma.
- Single instruction and joint referrals.

Advanced Occupational Therapist - Independent Practice 2014 - present

- Providing specialist occupational therapy services to clients within the private sector.
- Medico legal witness for care, case management and occupational therapy.
- Working with children with developmental delay and sensory deficit disorder.
- Mentoring and supporting current occupational therapy students.
- Work within the DWP providing assessment and vocational guidance for adults with long term conditions who are currently claiming benefits.
- Occupational therapy provision for clients who are stepping down from medium secure mental health services to community independent living.

Career history - statutory sector

Specialist OT, East Lancashire Health Trust (ELHT), Blackburn 2012 - 2014

- Working within occupational health and wellbeing services providing employees with vocational rehabilitation and long-term condition management. Assessment and support for return to work and/or remaining in work with appropriate adjustments as necessary to support their occupational performance. This role was initially a twelve-month pilot but proved so successful that substantive funding was obtained after six months.

Specialist OT, East Lancashire Health Trust, East Lancashire Community Wide 2010 - 2012

- Specialist occupational therapy assessment and intensive neurological rehabilitation provision as part of the community stroke rehabilitation team. Providing input and, where appropriate, offering early supported discharge. Also providing splinting for abnormal tone for all ELHT patients.

Guest Lecturer, University of Cumbria, Carlisle 2011 - present

- Teaching on the undergraduate BSc Occupational Therapy programme. Subject areas taught are anatomy and physiology and neurological/stroke rehabilitation.

Bank OT, Calderdale and Huddersfield NHS Trust 2008 - 2010

- Provided cover for the oncology ward at Huddersfield General Hospital including managing safe and timely discharge for patients. Community team for eighteen months with a varied caseload including management of long-term conditions.

OT, South West Yorkshire Mental Health Trust, Halifax 2008

- Inpatient rehabilitation for clients with functional and organic mental health diagnosis.

