

# Caryl Morgan

Case Manager

Independent Occupational Therapist

## Profile

Caryl is an experienced occupational therapist based in South Wales.

Her specialisms include community rehabilitation, orthopaedics, spinal cord, mental health and acquired brain injuries.

## Specialisms

- Community rehabilitation
- Mental health
- Spinal cord injuries
- Musculo-skeletal / orthopaedics
- Traumatic and acquired brain injury
- Pre-rehabilitation / post-rehabilitation
- Lower limb amputees

## Ages covered

- Young adults / adolescents
- Adults

## Biography

Caryl is an experienced occupational therapist with an extensive range of specialisms having worked with adults across the statutory, social care and private sectors. Through her work she has gained experience in supporting clients with complex orthopaedic injuries, spinal cord injuries, acquired brain injuries and mental health conditions.

Caryl is passionate about delivering a high-quality evidence-based practice, having developed the occupational therapy pre-rehabilitation service in a specialist acute and outpatient setting. Caryl has effectively managed a team of occupational therapists, delivering education and support to junior staff and students. Her experience has equipped her with a comprehensive understanding of statutory obligations regarding assessment and service provision.

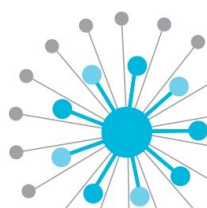
Caryl utilises a problem-solving, client-centred approach to identify appropriate intervention and treatment plan. Her work with clients often includes assessments of specialist equipment, including minor and major adaptations. She has current projects working closely with architectures on large property adaptations for clients with complex needs.

Caryl has experience of working with complex mental health conditions, having worked closely with emergency services to develop comprehensive individualised risk assessments for clients. She is skilled at assessing the psychological effects as well as the physical, social, and environmental factors on an individual's functional capacity.

Caryl provides thorough assessments, report writing and goal setting to support clients to improve quality of life and where possible return to pre-injury social, leisure and work-related activities. She has worked closely with families, social services, and specialist teams in the delivery of care to her clients.

Caryl previously worked closely with Cardiff University on the European Education programme, providing clinical supervision to overseas students. As a result of her work, she was invited to Sweden to promote learning and education of the occupational therapy profession.

Caryl is fluent in both English and Welsh.



## Qualifications

- BSc Occupational Therapy, University of Liverpool, 2013
- Practice Placement Educator Course, Cardiff University, 2017

## Memberships

- Health and Care Professions Council (HCPC)
- Royal College of Occupational Therapists (RCOT)
- Royal College of Occupational Therapists Specialist Section - Independent Practice
- Royal College of Occupational Therapists Specialist Section - Housing

## Contact details

### Location:

South Wales

### Tel:

07800 781491

### Email:

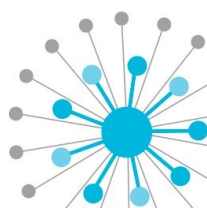
[caryl.morgan@independenceworks.net](mailto:caryl.morgan@independenceworks.net)

### Website:

[www.independenceworks.net](http://www.independenceworks.net)

## Clinical skills and experience

- Wide-ranging experience working with complex injuries including acquired and traumatic brain injuries, spinal injuries, orthopaedic injuries, complex fractures, amputees, psychological and complex behavioural challenges.
- Utilises experience as a case manager and occupational therapist to provide rehabilitation for clients under the 2015 Rehabilitation Code.
- Comprehensive current knowledge of the specialist and environmental equipment available to support individuals to live as independently as possible.
- Completing assessments of major housing adaptations and working alongside architectures.
- Responsible for managing a team of occupational therapy staff; providing education, training, and mentoring support.
- Facilitation of band 5 occupational therapy groups, delivering support to 40+ members of occupational therapy staff and students.
- Achieved runner up for the 'Welsh Language Award' in 2015 at the Cardiff and Vale University Health Board staff recognition awards, for providing a bilingual service to improve access to healthcare for clients.
- Committed to continuing professional development - full details of recent training are available on request.



## *Career history - private sector*

**Independent Occupational Therapist & Case Manager, Independence Works Ltd** 2022 - present

- Delivering comprehensive occupational therapy case management to adults following an injury, under the 2015 Rehabilitation Code.
- Performing all aspects of commissioning care services, specialist therapy and psychological services to support where able the client to return to work.
- Completing detailed rehabilitation assessments, reports, and goal setting.

**Associate Occupational Therapist – CJ Occupational Therapy** 2022 - present

- Supporting adults with acquired brain injury to reintegrate back into the community and/ or improve quality of life through the provision of community-based intervention.
- Delivering specialist occupational therapy assessments to support clients to return to community living from residential homes through identifying appropriate properties, working alongside architectures advising on large building projects and assessing for further equipment.
- Providing assessment of postural support including appropriate wheelchair, specialist seating, bed support systems and shower chair provision.
- Alongside the acquired brain injury, experience is also gained in rehabilitating those with polytrauma injuries, lower limb amputations, neurological and mental health conditions..

## *Career history - statutory sector*

**Band 7 OT, Cardiff and Vale University Health Board** 2020 - 2022

- OT team lead for haematology, blood and bone marrow transplant and renal services.
- Developed the pre- and post-rehabilitation service for blood and bone marrow transplant service.
- Effectively managed and supervised occupational therapy staff and students.
- Gained funding from Macmillan Cancer Support charity to develop evidence-based work learning project.
- Supported in contributing to UK wide and in-service education, including educational leaflets for a website and mobile software app development.
- Completed individualised plans on fatigue, sleep intervention, relaxation and mindfulness.
- Completed upper limb rehabilitation, wheelchair assessments and postural assessments.

**Band 6 OT, Welsh Regional Spinal Injury Centre, Cardiff** 2019 - 2020

- Provided significant rehabilitation and hospital discharge support including upper limb management, equipment provision, wheelchair assessments (self-propel and powered), postural assessments, and continued health care assessments.
- Provided housing reports to support minor and major adaptations including rehousing recommendations.
- Worked alongside the 'South Wales Mobility Driving Assessment Service' to support client's goals to return to driving; enabling them to reintegrate back into the community.
- Provided personal care interventions including long sitting techniques and shower chair assessments.

**Band 6 OT, Trauma and Orthopaedics, Cardiff and Vale University Health Board** 2018 - 2019

- Discharge planning and liaison in a fast-paced acute hospital setting for trauma and elective orthopaedics, including providing post-operative rehabilitation.
- Caseload included spinal, hip, knee, and ankle injuries.

**Band 6 OT, Community Mental Health Team, Cardiff and Vale University Health Board** 2016- 2018

- Caseload included adults (18- 65) with moderate to severe, unstable mental health difficulties

**Band 5 OT, Community Resource Team, Cardiff and Vale University Health Board** 2014 - 2016

**Band 5 OT, Community Hospital, Monnow Vale Health and Social Care Centre,** 2013 - 2014

**Aneurin Bevan University Health Board**

