

# Kate McGoldrick

Case Manager

Independent Occupational Therapist



## Profile

Since qualifying in 2003, Kate has had extensive clinical experience in hospital and community settings. Primarily working with adults, she has a wide-ranging skill set that encompasses assessment and rehabilitation following musculoskeletal injuries, acquired and traumatic brain injuries and age-related changes. Kate has extensive experience of home environment assessments, provision of appropriate aids, adaptations, care packages and complex postural management.

## Specialisms

- Catastrophic injury
- Orthopaedic polytrauma
- Traumatic and acquired brain injury
- Amputations - lower limb
- Vocational rehabilitation
- Visual impairment
- Oncology
- Palliative care
- Cardiology and respiratory conditions
- Long-term conditions
- Degenerative conditions

## Ages covered

- Adult

## Biography

Kate qualified as an occupational therapist (OT) in 2003, immediately taking up a post in a hospital inpatient setting and working through a variety of rotations across different specialisms. Over the next 18 years, Kate developed substantial experience dealing with complex clinical and social cases, as well as liaising with family, carers, multi-disciplinary members and external agencies.

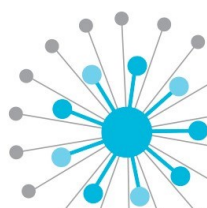
Kate spent almost 14 years specialising in assessment and rehabilitation of older adults and contributed towards the publication of 'A Comprehensive Guide to Rehabilitation of the Older Patient 4th Edition' December 2020 by writing two occupational therapy chapters.

Establishing her own private practice in 2017, initially alongside her NHS career, Kate has provided independent occupational therapy services to individuals, employers, case managers and solicitors.

She also has experience as an expert witness, preparing occupational therapy expert reports for the court—instructed by both pursuer and defendant solicitors. Since 2020, Kate has been offering case management services to clients having sustained major catastrophic, life changing injuries.

She has supported clients to obtain appropriate high level specialist equipment (including prosthetics), therapy, support services, transport and care packages. Kate has excellent problem-solving skills and has a client-focussed approach. She supports clients to re-engage in their social and workplace environments wherever possible and supporting them to return to their pre-injury hobbies, interests, and occupations/school/work. This can also include supporting family members and helping all those involved to adjust.

Kate has extensive experience of assessment, report writing, goal setting and a comprehensive understanding of statutory services obligations regarding assessment and service provision. She regularly supplements statutory provision by commissioning and then monitoring and reviewing care/rehabilitation packages.



## Qualifications

- HNC Health Care, Cardonald College, Glasgow, 2000
- BSc Occupational Therapy, Glasgow Caledonian University, 2003
- University of Aberdeen Bond Solon (UABS), Expert Witness Certificate, 2021

## Memberships

- Health and Care Professions Council (HCPC)
- Royal College of Occupational Therapists (RCOT)
- Royal College of Occupational Therapists Specialist Section - Independent Practice
- Case Management Society UK (CMSUK)

## Contact details

### Location:

Glasgow, Scotland

### Tel:

07562 970294

### Email:

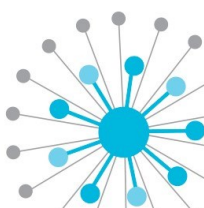
[Kate.mcgoldrick@independenceworks.net](mailto:Kate.mcgoldrick@independenceworks.net)

### Website:

[www.independenceworks.net](http://www.independenceworks.net)

## Clinical skills and experience

- Case management experience working with clients, solicitors and insurers in relation to unsettled and settled litigation claims. Good understanding of the litigation process and the need to meet deadlines.
- Wide-ranging experience working with adults with complex injuries including acquired and traumatic brain injury, orthopaedic injury, complex fractures, amputees, psychological and complex behavioural challenges.
- Worked with both pursuer and defendant solicitors and through joint instruction under the Rehabilitation Code.
- Experience working as a treating OT using a client-centred approach to identify client treatment priorities and agree SMART goals.
- Significant experience with the management and prevention of falls, moving and handling skills, supporting palliative care and dying, bariatric management and catastrophic injuries.
- Comprehensive current knowledge of the specialist and environmental equipment available to support individuals to live as independently as possible within their own homes.
- Considerable experience of minor and major adaptation work within privately owned and social housing accommodation.
- Held the position of Communication Lead for Royal College of Occupational Therapists Specialist Section - Independent Practice (RCOTSS-IP)
- Held the position of Scotland Regional Representative for RCOTSS-IP
- Committed to continuing professional development - full details of recent training are available on request.
- Client and solicitor feedback/testimonials are available on request.



## Career history - private sector

**Independent Occupational Therapist & Case Manager - Independence Works Ltd** 2021 - present

- Delivering comprehensive case management to adults suffering from traumatic brain, amputations, complex orthopaedic injuries as well as polytrauma by formulating and implementing appropriate rehabilitation treatment plans.
- Performing all aspects of commissioning care services, specialist therapy and psychology services, supporting clients to return to driving where possible, advising on vehicle adaptations and specialist vehicles. Extensive experience regarding the adaptation of properties and environments including fully accessible accommodation for wheelchair users.
- Actively contributing to meetings with solicitors and counsel in relation to litigation claims.

**Independent Occupational Therapist, Clinical Director – Occupational Therapy Glasgow** 2017 - present

- Providing independent occupational therapy services to individuals following a period of illness or following discharge from hospital, to support with rehabilitation.
- Guidance and support for employers and employees to help maintain the work role and associated duties or to support a return to work following a period of illness or injury.
- Undertaking occupational therapy assessments and providing comprehensive reports for a variety of organisations including universities, care homes, charitable organisations and housing providers.
- Referrals are received from case managers for independent occupational therapy assessments and rehabilitation for individuals who have experienced catastrophic and life changing injuries.
- Undertaking independent occupational therapy assessments and providing high level medico-legal reports for solicitors, identifying equipment, adaptations, rehabilitation and service needs of their clients.
- Providing case management support to individuals, instructed jointly under the Rehabilitation Code to coordinate rehabilitation and promote function and independence following accident or injury.

**Associate Independent Occupational Therapist, Enable Therapy Services** 2018 – 2021

- Providing assessments, high level reports and rehabilitation to support clients' return to independence.

**Associate Independent Occupational Therapist, The OT Practice** 2018 – 2021

- Moving and handling assessments, compiling reports outlining equipment recommendations, seating assessments. Carried out assessment and treatment programmes for individuals following road traffic accident, workplace accidents or clinical negligence.

**Associate Independent Occupational Therapist, Health & Case Management Ltd (HCML)** 2019 – 2021

- OT assessments of clients in their workplaces to identify areas of difficulty and to outline recommendations and treatment to promote optimised function in the workplace following a period of injury or illness.

## Career history - statutory sector

- Specialist Occupational Therapist, Older Peoples' Services, New Victoria Hospital, NHS Greater Glasgow & Clyde (NHSGG&C) 2008 - 2021
- Senior II (Rotational) Occupational Therapist, NHSGG&C 2005 - 2008
- Basic Grade (Rotational) Occupational Therapist, NHSGG&C 2003 - 2005

