

Tracey Adams

Case Manager

Independent Occupational Therapist

Profile

Tracey is a dedicated and experienced occupational therapist and case manager with over 14 years' experience of working with severely and profoundly disabled children and adults.

Her areas of speciality are complex orthopaedic injury, learning disability, paediatric, physical and cognitive disabilities.

Specialisms

- Musculo-skeletal / orthopaedics
- Housing adaptations
- Sensory
- Vocational rehabilitation

Ages covered

- Adult
- Paediatric

Biography

Tracey's clinical area of speciality is working with children and she has experience of working within social services and schools. Her knowledge of housing adaptations, in addition to her acquired sensory-based skills, provide a good overview for her case management skills.

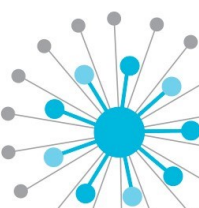
Tracey is also dedicated in supporting her adult clients to meet their rehabilitation goals, aiming to assist them back into a work setting. Liaising with employers, offering work site assessments or task analysis to ensure a safe return to work.

She strives to ensure that her clients receive the treatment and service that are essential for them to fully maximise their independence, helping them to overcome any challenges.

She is skilled at providing a bespoke service to meet the client's needs and at working with key professionals to provide a multi-professional approach.

Tracey's person centred approach enables her to build good rapport with her clients, whilst also developing good working relationships with solicitors, insurers or interdisciplinary teams.

She is committed to maintaining her professional development, attending regular training events to enhance her practice.



Qualifications

- BSc (Hons) Occupational Therapy, University of West England, 2007

Memberships

- Health and Care Professions Council (HCPC)
- Case Management Society UK (CMSUK)
- Royal College of Occupational Therapists (RCOT)
- Royal College of Occupational Therapists Specialist Section - Independent Practice
- Royal College of Occupational Therapists Specialist Section - Children, Young People & Families
- National Handwriting Association

Contact details

Location:

Kent

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Email:

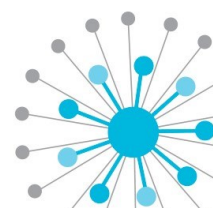
tracey.adams@independenceworks.net

Website:

www.independenceworks.net

Clinical skills and experience

- Building a rapport with clients, listening, providing a clear understanding of her role as an experienced case manager and explaining the service available.
- Attending orthopaedic reviews and working with both statutory and private consultants to meet the individual needs of the client.
- Utilising observational and assessment skills to identify functional or cognitive difficulties and using advanced problem-solving to find solutions to often complex issues.
- Providing accurate recommendations to promote rehabilitation to meet both physical and psychological needs.
- Setting up multidisciplinary teams and arranging meetings, whilst ensuring all professionals are working together with a joint approach.
- Proven experience providing rehabilitation within the remit of the Rehabilitation Code 2015 and evidence of a high rate of good outcomes in enabling the clients to return to work.
- Assisting clients to access voluntary work as a graded tool to enable them to return to a working environment.
- Enabling clients with complex mental health needs, PTSD and depression to be supported by psychologists or counsellors and incorporating this into their rehabilitation.
- Excellent knowledge of equipment, adaptations and telecare solutions to maximise independence.
- Highly skilled in assessing environments and recommending adaptations for local councils and within the private sector for wheelchair users or amputees to promote independence.
- Experience of adapting kitchens and providing graded activities to enable independence.
- Utilising clinical skills and experience from previous rehabilitation settings to provide clear justification for recommendations and reasons why intervention is required.
- Wide experience within social care settings, working with local authorities, NHS and linking local services.
- Experience of providing supervision to both occupational therapy assistants and occupational therapists.
- Committed to continuing professional development - full details of recent training are available on request.
- Client and solicitor feedback/testimonials are available on request.



Career history – private sector

Independent Occupational Therapist & Case Manager - Independence Works Ltd 2018 - present

- Providing case management for clients and identifying the intervention required for them to maximise their independence, with the aim to return to work, education or their pre-existing occupation.
- Assisting the clients to overcome both the physical and psychological aspects of an accident by providing them with services in accordance with the Rehabilitation Code.

Evolve - Children's Therapy Services 2020 - present

- Visiting children at home or within school, assessing their gross and fine motor skills, visual perception skills, and sensory ability.
- Providing treatment and recommendations to support the child's needs, offering guidance for teachers or parents with the aim of increasing the child's independence.

Case Manager (Part-time), Unite Professionals 2015 - present

- Experienced case manager working with children and adults with complex orthopaedic injuries, cognitive or physical difficulties following a traumatic event. Individually assessing their needs at home for ADL (Activities of Daily Living) in addition to assisting them to return to work or school.

Career history – statutory sector

Locum Occupational Therapist, Intermediate Care Therapy, Medway Community Healthcare 2017

- Providing rehabilitation to clients admitted to the unit and joint working with the physiotherapist to maximise both functional mobility and independence.
- Enabling a safe discharge home by the arrangement of joint home visits and the provision of essential equipment.

Locum OT, Integrated Community Team, Kent Community Health Trust 2014 - 2015

- Short-term intermediate care service providing both physical and cognitive rehabilitation to individuals to regain their independence following a trauma or stroke, with home visits arranged following discharge.

Locum OT, Trauma Assisted Discharge Service (TADS), Maidstone and Tunbridge Wells Trust 2014

- Enabling patients to be discharged before expected discharge dates and providing a rehabilitation programme at home alongside physiotherapist to ensure the patient can return home safely and prevent further re-admissions to hospital.

Occupational Therapist, Essex Social Service – Hub of Independent Practitioners (HIP) 2013 – 2019

- Assessing adults in their homes, providing equipment, recommending minor and major adaptations to promote independence and increase their safety at home.
- Joint working with social workers and care agencies to ensure all the client's needs are met.

Locum OT, Inspire Community Trust 2011 - 2014

- Completing Blue Badge assessments and assessing adults and children for re-housing or recommending appropriate intervention.

Occupational Therapist, Disabled Children's Service, Kent County Council 2007 - 2013

- Completing initial assessments and implementing intervention consisting of major and minor adaptations in the home environment according to the child's needs.
- Assessing, identifying and providing the most appropriate equipment for the child.
- Providing moving and handling training to families or equipment to ensure safe handling.
- Visiting children in their own homes and school environments.

